

# BETWEEN NEIGHBOURS

## COMMUNITY DAY CARE SERVICE



sanrafael

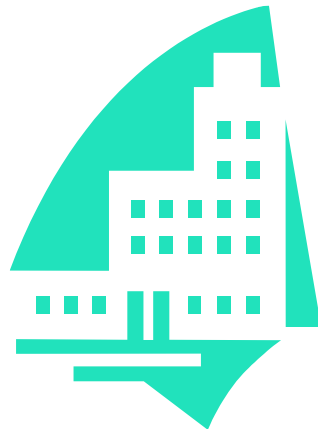


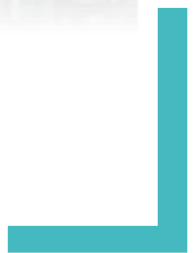
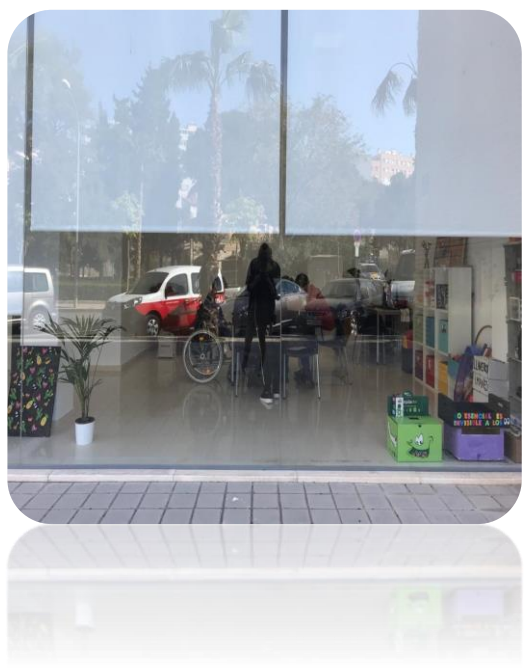
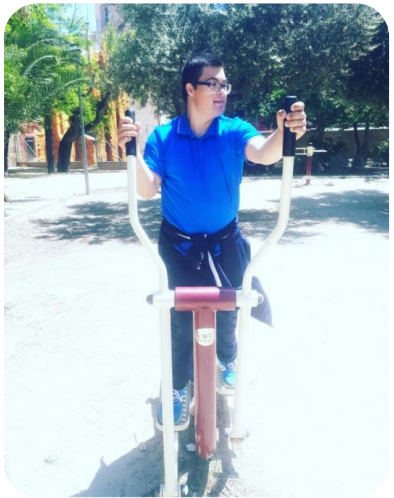
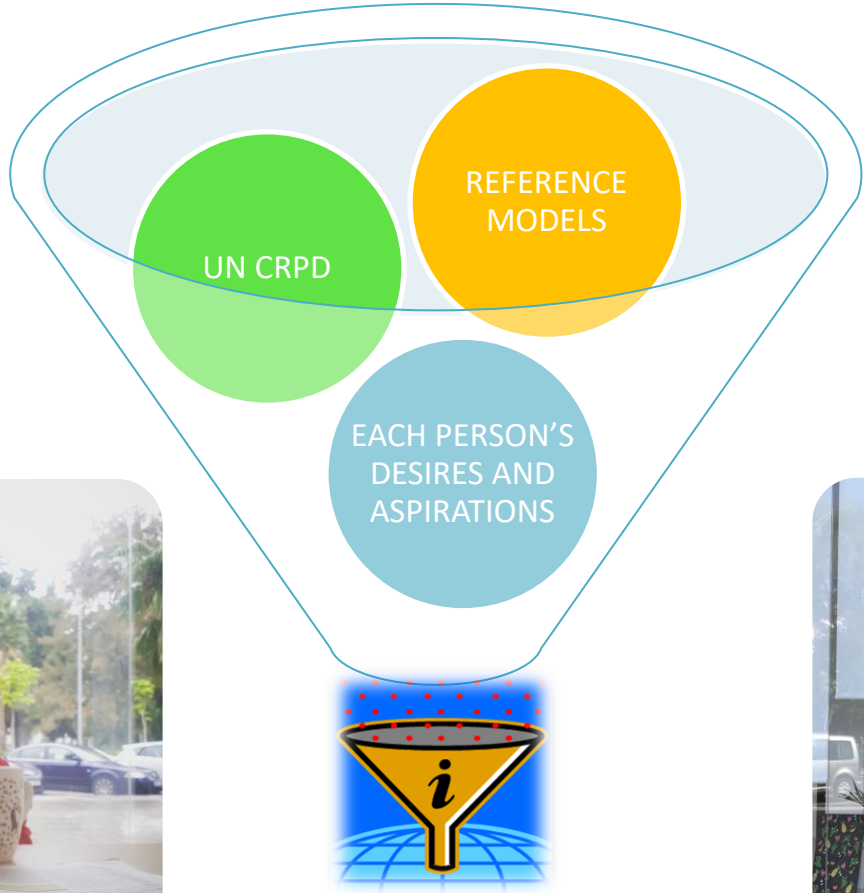
  
sanrafael  
GENERALITAT  
VALENCIANA  
Vicepresidència y Conselleria  
de Igualtat y Polítiques Inclusives  
POR SOLIDARIDAD  
OTROS FINES DE INTERÉS SOCIAL

# HOW AND WHY DOES IT ARISE?

## DEMAND:

**The necessity of people with intellectual disabilities with high needs of support who finish their school years**





# What is Inclusion?

- Inclusion is the attitude, tendency or policy of integrating all **people into society**,
- With the **aim** that they can participate and contribute to and benefit from this process.
- Inclusion seeks to ensure that **all individuals or social groups, especially those in conditions of segregation or marginalization, can have the same possibilities and opportunities to fulfil themselves as individuals.**
- Inclusion is formulated as a solution to the problem of exclusion.
- **All actors** need to be considered for effective inclusion.

# Inclusion and intellectual disability

- "Social inclusion implies ensuring that persons with intellectual and developmental disabilities have **opportunities** to **fully and equitably access activities, social roles and relationships** directly with non-disabled citizens."

(Bates and Davies, 2004; COESI 2017)

# Inclusion requires

- **Accessibility** to activities, roles and social relationships
- **Opportunities** to use community services to take on certain roles or cultivate relationships.
- **Support** each person so that they have the opportunity to access activities, roles and social relationships that are potentially meaningful to them.

(COESI, 2017)

# Approach to the concept of inclusion in persons with intellectual disabilities

- There are **multiple definitions** but in all of them there are **2 common themes**:
  - Interpersonal relationships
  - **Community participation.**
- **Recognition** and **redistribution** of powers and public administrations is also necessary for full citizenship.

# ALLIANCES AND STAKEHOLDERS

- »»» Users and their families
- »»» Staff
- »»» Community agents
- »»» Public Administrations
- »»» Foundation






# PROJECT OBJECTIVES

- ➔ To respond to the support needs of **young people** with ID and extensive or generalised support needs **who are finishing their school years.**
- ➔ To develop a provision of support model in the community context, **in a coherent way with the personal plans of each user.**
- ➔ To offer an activity daily plan that enables the **development of personal skills and increases their competences.**
- ➔ To encourage **participation** in the activities and in the community life.
- ➔ To encourage and facilitate **interpersonal relationships** with neighbours and other community agents.
- ➔ To improve **reputation** and increase **positive and valued social roles** between people with intellectual disabilities.
- ➔ To encourage **inclusive social attitudes**, counting on the person with disability as a principal agent of change.

# WHAT HAVE WE DONE?

<https://youtu.be/hr0Scn27yAQ>



**BENISAUDET**  
**NEIGHBOURHOOD** -  
- Alicante -  
activities recorded before and during COVID

# IMPLEMENTED ACTIONS

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- ➔ Activities to maintain or enhance autonomy in daily life
- ➔ Learning and personal development activities.
- ➔ Therapeutic and sportive activities.
- ➔ Recreational and leisure time activities.
- ➔ Communitary activities.
- ➔ Activities for the development of occupation or work skills.

# RESOURCES



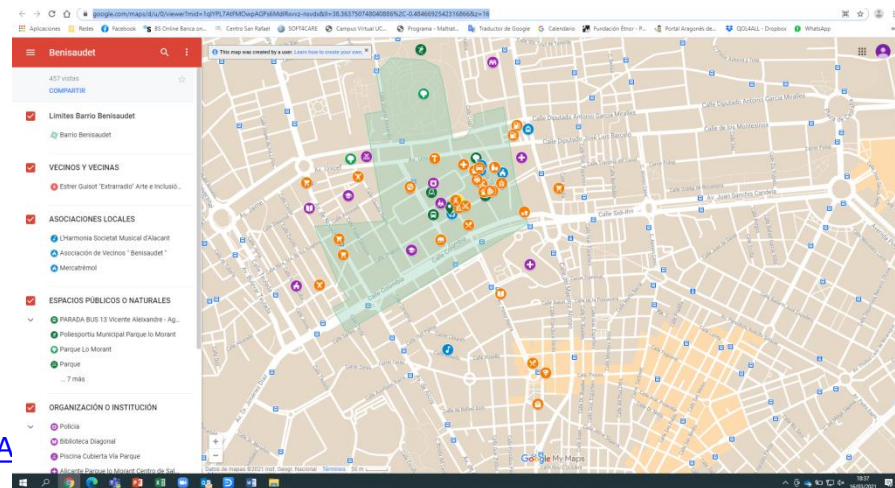
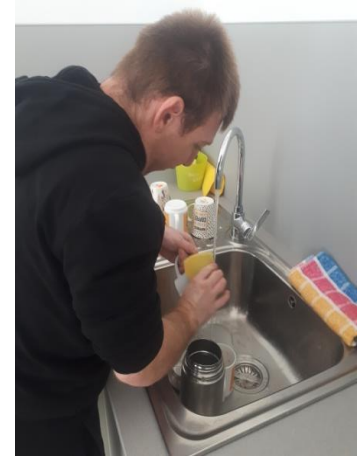
»»» A small rented space in the district of Benisaudet (Alicante)

»»» Meals on wheels service.

»»» Human Resources: 2 people from the staff, volunteers, natural supports, student trainees....

»»» Financial resources

»»» Communitary resources:  
<https://www.google.com/maps/d/u/0/viewer?mid=1qIYPL7AFMOwpAGPs6MdlRxvz-nsvdx&ll=38.36535327976935%2C-0.4908919791462374&z=17>



# MAPPING THE NEIGHBOURHOOD

- <https://youtu.be/OoMY8yOwvP4>



geolocating the resources by  
categories and preparing  
questions for interviews.

Identify the key elements of the practice that have an impact in the Quality of life of the people.

Micro	
Meso	
Macro	

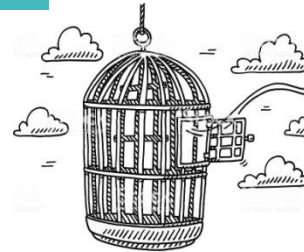
# SOME OF OUR INDICATORS

No. of places occupied	8
Users with individual support plan	8%
Activities in the community	Daily
Users with personal development activities	100%
Users with inclusive leisure time activities	100%
Self-determination sessions	1 per week
Non-professionals involved in the project	10
Partnerships	15%
Users collaborating in the neighbourhood	90%
Active participation of users in community events	3 events
PCP processes	100%
Training hours per professional	> 20 h/year
Diagnostic document	Document
Presentation of the experience	2 events

# RESULTS IN PEOPLE

- ✓ **Community presence** has increased
- ✓ **Community participation** has increased.
- ✓ People make **valuable contributions** in their social environment.
- ✓ Improvements in personal **autonomy**, both in decision-making and in the performance of activities
- ✓ Advancement in **personal development** with activities at natural environments.
- ✓ Greater number of **interpersonal relationships**.
- ✓ Improvements in the **personal well-being**.
- ✓ **Users' satisfaction** with the programme.

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# RESULTS IN THE FAMILIES



- ✓ Satisfaction with the resource
- ✓ Support with family dynamics.
- ✓ A change in the way they regard the capabilities of people with disability.





# RESULTS IN THE ORGANISATION

- Creation of 8 new places for people with intellectual disabilities who have finished their school years.
- Design of new projects: the Project could be easily replicated, creating new neighbourhoods services, closer to where people live..
- A boost to the development of the organization's vision, as a bridge to the community, moving towards deinstitutionalisation.



To be generators of support for the construction of full lives, opening up new spaces for inclusion in the community.



# RESULTS IN SOCIETY

»»» Visibilization of PwD with positive and active social roles, capable of adding value and mutual enrichment.

»»» A better use of the public funds: lower investment of resources for better and more satisfactory results.



# CURRENT CHALLENGES

- » Recovering all the pre-COVID 19 opportunities.
- » Generating new alliances in the communitary environment.
- » Increasing natural supports
- » Finding stable ways of funding



# LOOKING TO THE FUTURE



- ➔ Obtain **scientific evidence** about the impact of this service.
- ➔ **Consolidate** the service as part of the social services portfolio in the public system of support for people with intellectual disabilities.
- ➔ **Replicate** the service according to the new demand or as a complement of the houses in the community, assuring a co-production process.
- ➔ Moving towards **innovative employment models (customized employment)** for people with high needs of support.

# Finding opportunities in the community

Personal Futures Planning, Beth Mount



OPPORTUNITY 1	
How are they going to get there?	
Who is going to support them (natural supports, family supports, professional supports...)?	
What skills are required for this role and how are they going to be supported?	
What are the opportunities to build relationships?	
What are the opportunities for a greater presence, participation and contribution in the community?	
What resources and adaptations are needed?	
What changes are needed in the organization to seize and maintain this opportunity?	

MUCHAS  
GRACIAS

#QoL4ALL



**sanrafael**