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Challenges supporting older people with intellectual disability



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Challenges

- Ageing was not seen from a service perspective
 - → Lack of proactive planning
 - → Lack of expertise
- Comorbidities and loss of skills
 - → Increased needs
 - → Increased cost
- Lack of stuff
 - → Burden on existing stuff increase
 - → Burn out

Challenges

- Lack of resources on service and on family level
 - → Financial resources
 - → Difficulties in accessing health care services

- Stuff and family attitudes
 - → Increased paternalization towards individuals with I.D.
- → Moving from a quality-of-life paradigm back to a quality of care one.

Good practices

- Individualized and person center approach.
- Quality of life goals.
- Aiming to maintain roles and not just skills.
- Training of stuff
- Community based services.
- Cooperation and co-production.