Why is **balanced empathy** a challenge in innovation?



Balancing empathy: the key to meaningful innovation By Yvonne Gillis EPR Annual Conference 2025 | 06062025

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Product Owner & Designer – Syntilio

Passionate about humanising healthcare technology

Experience:

- UX & Research WEAREREASONABLEPEOPLE
- Digital Design YG Design
- Market Research Piece of Pie





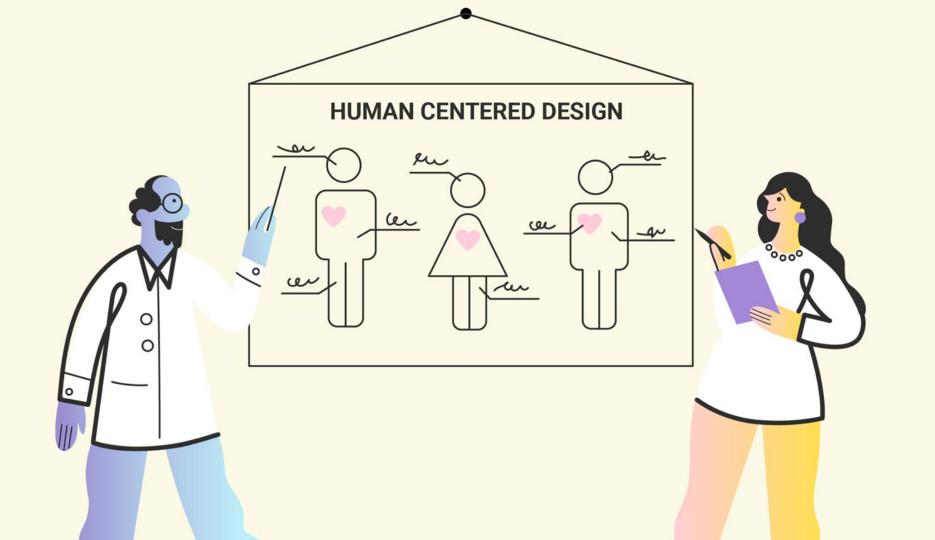


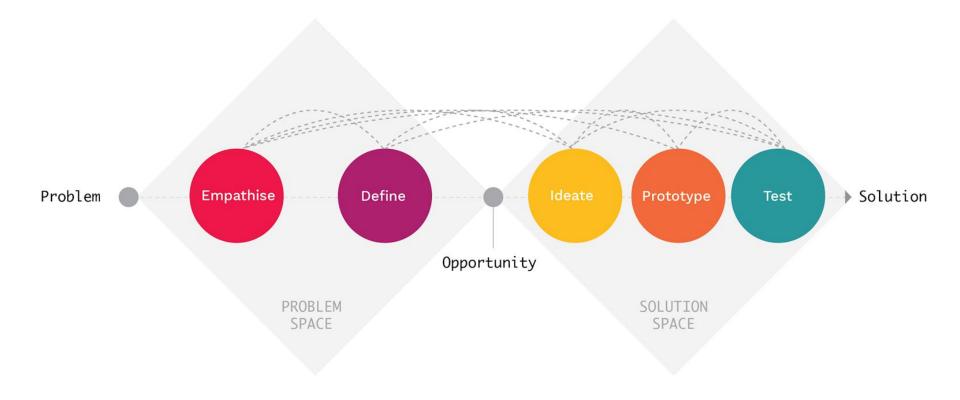


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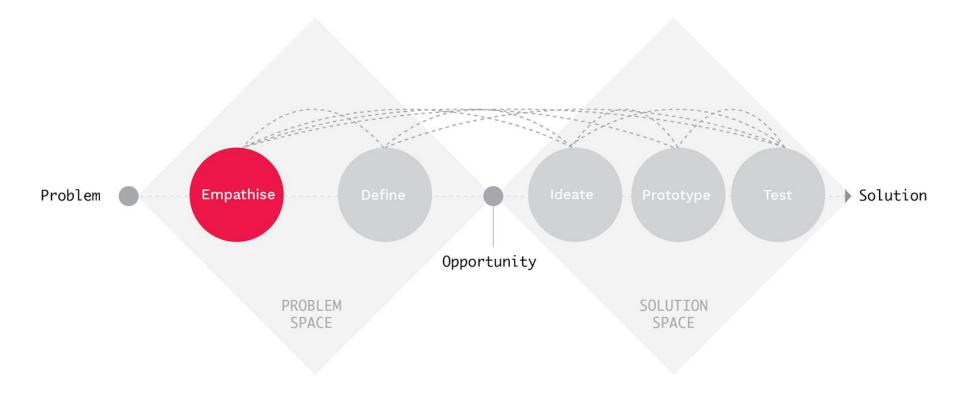








Combination of Design Thinking & Double Diamond



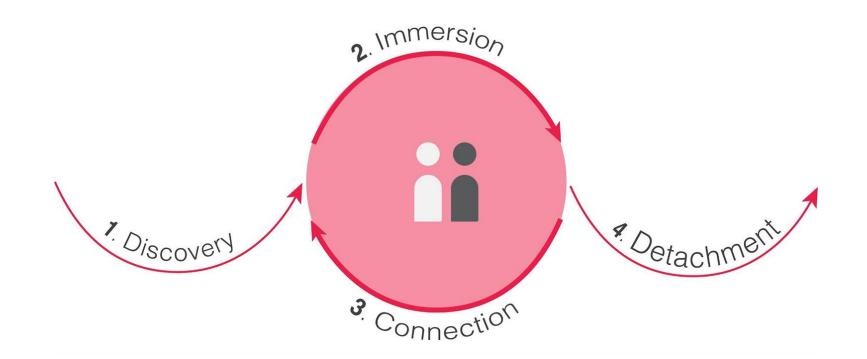
Combination of Design Thinking & Double Diamond

EMPATHY

EMPATHY

" is the power to imagine and feel what you believe to be another person's experience."

By Ignaas Devisch



Design Empathy Framework Derived from Kouprie & Sleeswijk Visser (2009)

CASE STUDY #1

How could we keep better track of all patients in the Emergency Department?



From Discovery to Connection





5:21

Detachment

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Immersion + Connection

Pil

200%

Immersion + Connection



CASE STUDY #2

How can we help remote nurses to triage and coordinate care more effectively?



Must-have functionality: Number Recognition



"If I had an hour to solve a problem I'd spend 55 minutes thinking about the problem and 5 minutes thinking about solutions."

Albert Einstein

From Discovery to Detachment

User Need

quickly access to patient information

Workflow data

< 20% of the time patient calls

The real need wasn't automation — it was speed.

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Client	kare
🕒 Caller	Karel de Leeuw · 09-07-1971 · 4631RN · 334466
	Karel Adrianus Buuron · 29-05-1949 · 4615JL · 321334
	Karel Groenendijk · 18-09-1954 · 4811XC · 318814
√ Medica	Karel Marinus Heeren · 06-12-1960 · 4711HM · 300469
	Karel Isedorus Steegs · 27-08-1947 · 4706KA · 306880
	Herwig Karel Josephus Oostvogels · 04-02-1942 · 4881AH · 311344
	Karel van Veen · 21-10-1935 · 4611EH · 313723
	Marcus Gerrit Karel van Oosten · 09-09-1985 · 4661ZA · 324830
	Karel Johannes Karremans · 14-02-1935 · 4624XA · 326956

Recognise when empathy goes too far

Red Flag 1: You build what people say they want

Red Flag 2: You lose sight of boundaries

Red Flag 3: You avoid challenging the status quo



Practice balanced empathy: Understand when to connect – and when to detach.

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