



# **EPR Working Group Mental Health Study Visit**

# **URI Soča**

15-16 May 2024

#### Objectives of the meeting

URI Soča and EPR organise a study visit for members of the Working Group Mental Health, this being the second of three working group meetings in 2024. Participants are working group members and/or respective colleagues in their organisation. The study visit aims to discover URI Soča services and collaboration partners together with allowing the participants to exchange about their organisations, services and activities.

#### **URI Soča**

The organisation was founded to provide comprehensive rehabilitation to improve the quality of life of people with disabilities and contribute to a quicker return to the everyday environment. Vocational and employment rehabilitation programs are integral parts of its rehabilitation programs. Furthermore, research and education are significant contributors to the development and modernisation of its rehabilitation doctrine.

# **Draft Programme**

(expect some but small changes within the proposed schedule)

# **Tuesday 14 May**

# **Arrivals to Ljubljana**

Drinks at approx. 19.00, <u>Das ist Walter</u>, <u>Šmartinska cesta 3</u>, 1000 Ljubljana (see in <u>Google Maps</u>) Dinner at approx. 20.00 in the same place

for anyone interested and available on the evening before the study visit

# Wednesday 15 May

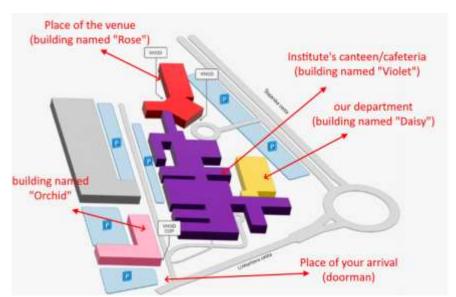
#### Session 1 / 09.00-13.30

Meeting at URI Soča premises, **University Rehabilitation Institute**, Republic of Slovenia Linhartova cesta 51, 1000 Ljubljana, Slovenia, Conference room in the first floor of Daisy building (see in Google Maps)









Someone of us will pick you up outside in front of the "Orchid" building at the doorman.

- 9.00. Welcome coffee
- **9.30** Presentation of the work, activities of URI Soča, Centre for Vocational Rehabilitation, and the Development Centre for Vocational Rehabilitation
- **10.30** Round around Centre for Vocational Rehabilitation, meeting users of vocational rehabilitation programme
- **11.30** Coffee break
- **11.45** Guided tour around URI Soča premises incl. Driving simulator
- **12.30** Lunch

## Session 2 / 13.30-17.30

- 13.30 Guided tour around URI Soča Research and development unit, Smart home IRIS
- 14.30 Coffee break
- **14.45** Presentation of other providers of vocational rehabilitation for persons with mental health issues: Šentprima, CenterKontura
- **15.45** Discussion and exchange of experiences/good practices
- **16.30** Working Group Mental Health exchange of news and updates
- 17:30 End of Day 1

**Dinner at 20.00, Gostilnica 5-6kg**, **Eipprova ulica 17, 1000 Ljubljana** (see in Google Maps) Invitation by EPR







#### **Thursday 16 May**

#### Session 3 / 09.00-13.00

Meeting at the Ljubljana main railway station, Trg Osvobodilne fronte 7, 1000 Ljubljana (see in Google Maps)

- **8.45** Departure to Kamnik
- **10.15** Visiting Day Centre "Stacjon" for persons with mental health issues
- **11.15** Tour through the city of Kamnik, coffee break and snack
- 13:00 Return to Ljubljana

End of the study visit

#### **Practicalities**

#### Registration

Please register to the study visit by 5 April. For any questions, please contact Eberhard, elueder@epr.eu

#### **Financial support**

EPR can offer support for one participant per member organisation. Offers are made on a first come first served basis, and refer to accommodation, meals and local transport. Travel expenses are covered by the member organisation. Please indicate in the registration form if you wish to apply for subsidy and contact Eberhard Lueder for individual arrangements.

#### **Travelling**

We would appreciate if you could arrange for travel to arrive on Tuesday 14 May evening and to depart Thursday 16 May evening. Be aware that for the 16 May we will do a field trip outside Ljubljana and return to the city by 13.00.

If you plan to travel by plane, consider flight connections to the airports of Ljubljana, Trieste (Italy) or Zagreb (Croatia). From either airport you can book Slovenian shuttle transfers to and from Ljubljana city e.g. goopti.com. We recommend booking transfers online and at prior to your travel day.

# **Getting around in Ljubljana**

To travel within Ljubljana (from the train station to hotel, from hotel to institute...), we suggest you use a taxi (**taxi Metro** phone number: 00386 80 11 90, you can also use their <u>app</u>, more info on their website <a href="https://www.taximetro.si/">https://www.taximetro.si/</a>) or **public transport – bus no. 7.** 

For travelling by bus, you need to buy "Urbana" card (more on that here: <a href="https://www.lpp.si/en/top-urbana-card-online">https://www.lpp.si/en/top-urbana-card-online</a> and here: <a href="https://urbana.jhl.si/en">https://urbana.jhl.si/en</a>), which can be done on "Urbana-machine" (see picture below and the tutorial on how to do it here: <a href="https://www.youtube.com/watch?v=RjbrWXGsuiE">https://www.youtube.com/watch?v=RjbrWXGsuiE</a>). The price for the card is 2 €, and the price for one ticket is 1,30 €, which can then be used for 90 minutes free of charge to change buses (after that, you will be again charged 1,30 € upon validation). Also, an important note: "Urbana-machine" does not return any change!!! So be careful what amount you put in. At "Urbana-machine" you can pay with:







- 5 €, 10 €, 20 € and 50 € notes,
- with 1 € and 2 € coins,
- with cents (0,05 €, 0,10 €, 0,20 €, 0,50 €) up to a maximum total value of 10 € (the limit is set due to the technical limitations of "Urbana-machine"),
- payment cards and credit cards: Visa, Diners, BA Maestro, Mastercard,
- the VALÚ Moneta system on your mobile phone

The minimum value of a card top-up at "Urbana-machine" is 0,05 €, and the maximum is 50 €.



The list of "Urbana-machines" is here: https://www.lpp.si/javni-prevoz/prodajna-mesta-vozovnic.

There is also a possibility of buying an Urbana card at the airport. There should be a <u>Ljubljana Airport</u> Tourist Information Centre where you can buy the card (and also get some city map etc.).

# Accommodation

URI Soca and EPR would like to arrange for pre-booked rooms in one hotel (hotel and address to be confirmed) in Ljubljana city. Please indicate in your registration form your request for hotel booking. Please note the EPR financial support can be offered for one room per member organisation.

#### **Contacts**

For your questions regarding your stay in Slovenia, please contact Ana Petrović, <a href="mailto:ana.petrovic@ir-rs.si">ana.petrovic@ir-rs.si</a> and Nika Jalšovec <a href="mailto:nika.jalsovec@ir-rs.si">nika.jalsovec@ir-rs.si</a>. For your questions about your participation to the study visit please contact Eberhard Lueder, <a href="mailto:elueder@epr.eu">elueder@epr.eu</a>. In case of any difficulties or incidents during your stay in Ljubljana call +32 473 761 982

