

# Thriving in fast changing societies:

creating future services, supporting inclusion

### 20 - 21 SEPTEMBER 2018

DOMSTAD, KONINGSBERGERSTRAAT 9, 3531 AJ UTRECHT - THE NETHERLANDS

### Programme

The ongoing process to ensure "future-ready" services calls for service providers to work together with those who are using the service and also to create broader partnerships with the community and other relevant stakeholders. Radical transformations are re-shaping societies at an unprecedented pace and this year's edition of the EPR Annual Conference, which also marks the 25th anniversary of the network, will gather a variety of stakeholders to imagine and create tomorrow's services together. By connecting people, ideas and expertise, the EPR conference supports continuous development and innovation in services for people with disabilities.

The different sessions of the 2018 EPR Annual Conference will provide a unique opportunity to reflect on and be inspired by the future to create innovative services. Contributions from the expert on innovation, experts from experience, an open debate with other European networks on policy and a panel on employment will inspire participants, who will engage in reflection groups. This conference will actively promote discussion, mutual learning and networking among EPR members and beyond.

The parallel training sessions will provide opportunities to share expertise and learn about cross-cutting and innovative approaches and methodologies, equipping participants to develop and improve their services. During the parallel mutual learning sessions cutting-edge practices will be showcased and discussed. The conference is preceded by a welcome reception and EPR's 25<sup>th</sup> anniversary and past achievements will be celebrated at the Gala dinner.

### Wednesday 19<sup>th</sup> September 2018- Meetings for EPR members only

- 14:00 15.20 Board of Directors (open to Board members and Directors of full members) Room 1.47
- I5.30 17:00 General Assembly (including strategic discussions; open to all members) Room 1.47
- 14:00 17:00 Service Impacts on Quality of Life (SIQOL) meeting Room 1.49
- I3:30 17:00 Workshop: creating winning EU grant applications (more information here) Room 1.50
- 10:00 17:00 Erasmus+ KA3 project pre-conference workshop Room 0.51



### **Pre-conference event**

# > 17:00 - 18:30 **Opening reception** Lounge 1st Floor

Conference programme			
	Thursday 20 <sup>th</sup> September 2018		
08:15 – 09:00	Registration Reception desk at the entrance of the Domstad		
<b>Morning session</b> Room 0.51 Grote Congr	reszaal		
09:00 - 9:20	Opening & words of welcome Interactive Ice-breaker		
09:20 – 9:50	Keynote speech: Entrepreneurship in vocational rehabilitation Zsolt Bugarszki, Social worker and expert of social policy, Tallinn University, Estonia		
09:50 - 10:00	<b>The new EQUASS system: systematically ensuring future-ready services</b> Guus van Beek, EQUASS Key Expert		
10:00 - 10:30	<b>Experts from experience: what future do we want?</b> Messages from young people with disabilities		
10:30 - 11:00	Networking coffee break + poster exhibition		
11:00 - 12:00	How can services meet needs in fast-changing societies? Group discussions + pitching ideas in plenary		
12:00 – 12:50	What's the right policy mix for the future? Developing a recipe for quality services and quality of life. Interactive discussion reflecting on current initiatives, trends and the day's discussions so far. Gunta Anca (EESC) Alfonso Lara Montero (Chief Executive ESN) Liz Gosme (Director COFACE Families Europe) Sabina Lobato Lobato (Director of Training, Employment, Projects and Agreements at ONCE Foundation)		
12:50 - 13:00	Lessons learnt and ideas for the future An interview with Zsolt Bugarszki		
13:00 – 14:00	Networking lunch		



### Afternoon session

**Training workshops** (see pages 10-12 for further information) 14:00 – 17:30

WSI	Beyond business: employment of people with disabilities in the	
	social sector	2.13
	Talentoscoop project partners (Belgium, Spain, Portugal, Hungary)	
WS2	Motivational Interviewing: promoting positive change among	Room
	colleagues and clients.	2.38
	Paul Delaney (IRL)	
	Director and Principal of COAIM - Change Outcome and Impact Measuring.	
WS3	Restorative approaches to manage challenging behaviours in	Room
	educational settings	0.08
	Belinda Hopkins (UK)	
	Director of Transforming Conflict, the National Centre for Restorative Approaches in	
	Youth and Community Settings	
WS4	Person-centred support skills for community inclusion	Room
	Sarah Bickerton (UK)	2.12
	Trainer on person centred thinking, planning and practice	
WS5	Working successfully in networks for integrated care	Room
	Dr Roger Greene (UK)	2.41
	Director of Tricordant, an organisational consultancy	
WS6	Next steps: The Roadmap for implementing the Manifesto	Room
		0.51





### Evening programme

18:30 – 23.30 **Reception and 25<sup>th</sup> Anniversary Gala Dinner Ottone,** Kromme Nieuwegracht 62, 3512 HL Utrecht

This evening will provide the occasion to highlight and celebrate the achievements of EPR over the last 25 years, share good memories and inspire the future, with participation from EPR alumni and friends. It will also feature the showcasing of the 2018 EPR Innovation Prize recipients.

The evening will start with a drinks reception and then a three-course meal will be served in the beautiful surroundings of this former 19<sup>th</sup> century church. A live band will accompany the celebration.



### **Conference programme** Friday 21<sup>st</sup> September 2018

09:00 - 10:30	<b>Employment of people with disabilities – shifting up a gear</b> Debate with the panel and group discussions.		
	Luc Hénau, President of the European Union of Supported Employment (EUSE), Belgium Kathleen West-Evans, Director of Business Relations, Council of State Administrators of Vocational Rehabilitation (CSAVR), United States		
	Brendon Roach, Senior Disability Consultant, Business Disability Forum, United Kingdom		
10:30 - 11:00	Networking coffee break + Poster exhibition		
11:00 - 12:20	Mutual learning sessions		
	Inspiring practices from EPR members and beyond		
	Theme I: Co-production		
	Theme 2: Vocational, Education and Training		
	Theme 3: Employment		
	Theme 4: Independent Living/ICT/AT		
	Theme 5: Mental Health		
	Theme 6: Quality in social services		
12:20 - 12:30	Inspiring ideas from mutual learning sessions		
12:30 - 12:50	<b>The sun rises every morning, but if it doesn't, I'll make sure it does</b> David Casinos, Paralympic Trainer and motivational speaker (ES)		
	David Casinos, Faraiyinpic Trainer and motivational speaker (ES)		
12:50 - 13:10	Reflections for the future and Official Closing		
	Laura Jones, EPR Secretary General		
	Frits Wichers, Heliomare, EPR President, the Netherlands		
	Sabina Lobato Lobato, Fundación ONCE, EPR Vice-President, Spain		

More information about the sessions follows

## Not convinced yet?

In case you are still hesitating, please have a look at the list of confirmed guests in Utrecht ...



### Our Facilitator: Peter Woodward



Peter Woodward's engaging personality and twenty years of experience combine to lift the normal conference or workshop experience to new levels of energy and value. He enables both clients and participants achieve outcomes beyond their expectations in a relaxed yet purposeful manner.

Peter has a particular passion and expertise in designing and running participative processes on issues related to the sustainable development agenda. His clients include the European Commission and national governments, public agencies, businesses, universities and civil society organisations. His interventions range in scale from small group internal strategy sessions to major conferences. Peter has worked in the social sector and for a multinational company and gained wide experience of helping to bridge differing perspectives on issues.

### Our keynote speaker: Zsolt Bugarszki



Zsolt Bugarszki has spent more than 20 years working on the development of community-based services in different countries and lately in Estonia. His work focuses on innovative solutions on how to use modern technology, ICT tools and economic models to support vulnerable people in the community. He leads the Social Entrepreneurship MA program of Tallinn University which is an innovative educational program following the project-based learning method.

Zsolt Bugarszki is also Co-Founder of Helpific, an innovative start-up supporting people with disabilities and mental health problems in their local community with a modern sharing economy platform.

### Our policy panellists: Day I



#### Gunta Anca

Member of the European Economic and Social Committee (EESC)

Gunta Anca has been a proactive disability rights activist throughout her career. She has started her work in this field as establisher and editor of the Disability newspaper in 1989. Latvia was part of Soviet Union at that time, and disability issues have been hidden because the government did not acknowledge that the Soviet society is also a living place for people with disabilities.

Since 2002, she is the Chair of the Latvian Umbrella Body for Disability and patients Organisations SUSTENTO – National Council. It has 49 member organisations of people with disabilities, which represent all kind of disabilities. Since 2005, she has been a Board member within the European Disability Forum. As active in the promoting of the gender equality she was involved in the work of member of the EDF Women's Committee, but also twice she was elected as the Board member of the European Women's Lobby (the largest umbrella organisation of women's associations in the European Union). Since 2013, she was a vice-president of the European Disability Forum and now Secretary General of EDF.



Since 2004, she represents Latvia as a member of the European Economic and Social Committee (EESC), an EU consultative body that gives representatives of Europe's socio-occupational interest groups, and others, a formal platform to express their points of views on EU issues. She has a bachelor degree in social work and a master's degree in business administration and management.



#### Alfonso Lara Montero

Chief Executive, European Social Network (ESN)

Alfonso Lara Montero is the Chief Executive of the European Social Network (ESN), a network of social services organisations located in 33 countries. ESN works closely with these organisations to promote social inclusion and improved prospects through the delivery of quality social services.

Alfonso Lara Montero has managed ESN's policy, practice, and research programme for the past five years, leading its thematic work on mental health, children's services, integrated services and evidence-based social services. He has also authored and coauthored several publications on social services, such as 'Investing in children's services', 'Integrated social services in Europe', 'Investing in the social services' workforce', and the 'Toolkit for planning and evaluating social services'. Alfonso is a regular contributor to academic journals, newspapers, and specialist social services magazines. He holds an MA in European governance from the College of Europe and an MSc in public policy from University College London.



### Liz Gosme

#### Director COFACE Families Europe

Liz Gosme is mother of two rebel girls (3 and 7 years) and Director of COFACE Families Europe www.coface-eu.org, a network of 58 organisations across 23 countries promoting the well-being, health and security of families and their members in a changing society. She is an EU social policy analyst with fifteen years of experience in EU affairs representing the interests of civil society organisations. She has worked extensively with various EU institutions contributing to building a social policy architecture for Europe, monitoring key frameworks such as the EU social open method of coordination, the EU Semester, the European Structural and Investment Funds, EU public procurement legislation, the EU urban agenda, EU-SILC monitoring in preparation of the 2011 population and housing census, taking part in key stakeholder consultative groups for these different frameworks. She has also worked with national governments and local authorities from across Europe, supporting the development of effective policies to tackle and prevent homelessness.

Today, Liz directs the Brussels-based COFACE team, which advocates for legislation and policy enabling families and their members to benefit from sufficient financial resources, available quality services and adequate time arrangements in order to live and enjoy their family life in dignity and harmony.





#### Sabina Lobato Lobato

Director of Training, Employment, Projects and Agreements at ONCE Foundation/EPR Vice-President

Sabina Lobato has a Bachelor's Degree in Economic Science from the University of Valladolid and a Master's Degree in SME Management, a programme pertaining to ONCE Foundation. Since 1997 she has been affiliated with ONCE Foundation, initially with the ONCE business group and its Foundation in the project area and later, since 2003, with ONCE Foundation, holding various positions of responsibility. Since 2010, she has been the Director of Training, Employment, Projects and Agreements at ONCE Foundation. A member on the Board of Trustees of FOAL (ONCE Foundation for the solidarity of blind people in Latin America) and the Bequal Foundation and is also a member of the Superior Council of Statistics, representing the ONCE Foundation. She is the Vice-President of EPR.

### Our panellists on employment: Day 2



#### Luc Hénau

President of the European Union of Supported Employment (EUSE), Belgium

Luc Hénau has a Master in psychology and educational sciences, with a specialization in Social Work (University of Ghent). He worked as assistant researcher and student coach at the university in Ghent. He moved to the care sector for people with an intellectual disability as the person responsible for day-care and sheltered living.

He started a training center for professional integration and in 2008 became the general director of the Flemish organization for guidance of persons with a disability towards the labour market. The organization GTB is an inclusive organization, linked to the mainstream authority of labour and support. He has been involved in European programmes and projects in relation to supported employment for a number of years. Luc Hénau is also the President of 'Kenniscentrum Sociaal Europa' (knowledge center social Europe) and co-founder of not-for profit organisation (vzv) Suem.b.



#### **Brendon Roach**

Senior Disability Consultant, Business Disability Forum, United Kingdom

Brendan Roach is a knowledgeable well respected disability consultant with over 10 years' experience of supporting organisations on all aspects of improving disability confidence in the UK and internationally.

His experience includes:

- Providing consultancy support to a range of public and private sector organisations in the UK and internationally.
- Working with government in the UK, Dubai and Kingdom of Saudi Arabia to improve business disability confidence.
- Disability Advisor to Mayor of London's 2012 Olympic and Paralympics volunteer programme.



• Advisory board member on Kate Nash OBE's ground-breaking Secrets & Big News research project

• Representing Business Disability Forum as a speaker at conferences in the UK and internationally

#### Kathleen West-Evans

Director of Business Relations, Council of State Administrators of Vocational Rehabilitation (CSAVR), United States

Kathy West-Evans is the Director of Business Relations for CSAVR (Council of State Administrators of Vocational Rehabilitation). CSAVR is the membership organization of the 79 Directors of the public VR agencies serving over one million individuals with disabilities across the country and in the territories. Kathy provides leadership to the National Employment Team (NET), a national team of VR Consultants working directly with business customers. The NET assists business in meeting their employment needs through the talent pool and support services of VR at the national, state and local level.

Kathy worked with the team at disABLEDpersons to develop and launch a fully accessible online talent network of candidates with disabilities called the Talent Acquisition Portal (TAP). TAP is currently supporting over 18,000 VR candidates and 95 business partners.

In the field of Vocational Rehabilitation since 1978, Kathy has her Bachelor of Science from the University of Washington and her MPA from Seattle University. She is a nationally Certified Rehabilitation Counselor (CRC) who is fluent in American Sign Language. Kathy is a frequent presenter at employer-focused conferences and webinars where she offers practical strategies for acquiring talent and building a strategic approach with business customers. Kathy also Chairs the Veterans Advisory Council on Rehabilitation (VACOR) at the national level.

### Our trainers: DAY I



# **WSI:** Beyond business: employment of people with disabilities in the social sector

GTB -BE; Inserta -ES; CRPG -PT; Corvinus University- HU

This project aims at increasing the employment rate of individuals with special support needs in the non-profit social sector. Through interactive sessions facilitated by Peter Woodward, the partners will present the outcome of the project developed so far and engage participants in sharing ideas and experiences to successfully employ people with disabilities in the social sector.







# WS2: Motivational Interviewing: promoting positive change among colleagues and clients.

Paul Delaney (IRL) Director and Principal of COAIM - Change Outcome and Impact Measuring

Paul is a therapist, clinical supervisor and adult educationalist. He undertook his initial training in Motivational Interviewing in the UK in 1993 and subsequently went on to qualify as a MI trainer and MINT (Motivational Interviewing Network of Trainers) member at the first international forum of MINT which took place in Malta in 1997. Over a period of thirty years, he has successfully delivered Motivational Interviewing training to thousands of practitioners throughout Europe and North America who have come from a diverse range of settings including health, social care and rehabilitation services. He is passionate about teaching Motivational Interviewing to other professionals to help them increase their skills in promoting positive change, and to improve the effectiveness of communications between work colleagues and clients.



# WS3: Restorative approaches to manage challenging behaviours in educational settings

Belinda Hopkins (UK) Director of Transforming Conflict, the National Centre for Restorative Approaches in Youth and Community Settings

Belinda has been pioneering restorative approaches in youth settings across the UK and beyond, for over 20 years. In the early 90's she founded Transforming Conflict and this organisation has established itself as one of the foremost providers of training and consultancy in the field of restorative approaches nationally and internationally. The organisation has been recognised as a provider of high quality training by the UK's Restorative Justice Council (RJC). Belinda gained her doctorate in 2006 with research into the implementation of a whole school restorative approach. She is passionate about sharing how the ethos, principles and practices of Restorative Approaches can transform communities and institutions. She still runs training courses herself, writes books and articles, develops training materials and resources, and speaks at conferences nationally and internationally Belinda currently sits on the Restorative Justice Council's Expert Advisory Group and is an RJC Accredited Practitioner. She continues to keep her own restorative practice by volunteering for a local RJ service working with victims and offenders.



### WS4: Person-centred support skills for community inclusion

Sarah Bickerton (UK) Trainer on person centred thinking, planning and practice

Sarah's background is in field of health and social care supporting children and adults with disabilities and more recently an independent trainer and consultant in Person Centred Planning. Sarah has a personal passion and professional commitment to supporting individuals with disabilities to achieve a good quality life through the application of person-centred practice. Her focus and delivery is underpinned by the principles of rights, choice, independence and inclusion with an emphasis on equality and human rights throughout.





# **WS5:** Finding your place in the value chain; working successfully in networks for integrated care

Dr Roger Green (UK) Director of Tricordant

Roger is an expert facilitator and specializes in mobilizing people for Leadership, Partnership development and Health and Social Care. He combines his Organisation Development expertise with extensive experience of front-line leadership in the public, commercial and third sectors over 25 years. He is one of the Directors of Tricordant, an organisational consultancy whose passion is enabling organisations and networks to be whole and healthy. They work with complex and networked organisations in many different sectors, including in Health and Social Care, Not-for-Profit, Local Government, Commerce, and Industry.

### Our motivational speaker: David Casinos, Spain



One of the best ever blind shot putters and discus throwers, David Casinos (Valencia, 1972) is one of the leaders of the Spanish Paralympic Team and was the flag bearer at the Beijing 2008 Paralympic Games. Sports embody some fundamental values which David tries to transmit. For that reason, he has got involved in coaching projects for many years, determined to teach strategies to overcome any barrier, to stimulate proactivity and entrepreneurship, and to show in all those forums where he is present that persons with disabilities must be defined by their capacities, their talent and dedication. David is a self-made "vitalist" who is able to motivate and pass his enthusiasm on to everyone around him. He is the author of the book

'The sun rises every morning, but it if doesn't, I'll make sure it does'

### Keynote speech

### Entrepreneurship in vocational rehabilitation

Zsolt Bugarszki

In a rapidly changing economic landscape we need to take into consideration that the preferred stable employment opportunities are vanishing. Digitalization, automatization, robotics and the advancement of artificial intelligence are challenging not only traditional blue-collar jobs but also, white-collar ones. Entrepreneurial skills, creativity and enormous flexibility are needed on the future labour market, and we need to embrace these new requirements in vocational rehabilitation, too.



### WSI: Beyond business: employment of people with disabilities in the social sector

GTB -BE; Inserta -ES; CRPG -PT; Corvinus University- HU

The partners will present the outcome of the project developed so far and engage participants in sharing ideas and experiences to successfully employ people with disabilities in the social sector. Moe information on the workshop will be available following the project meeting in Budapest (29/06/2018).

### **WS2:** Motivational Interviewing: promoting positive change among colleagues and clients. Paul Delaney (IRL)

### About Motivational Interviewing

Developed by Professor's William Miller and Stephen Rollnick thirty years ago, Motivational Interviewing is a client-centered approach that elicits behavioural changes by assisting individuals to explore and resolve ambivalence. This approach is especially helpful with individuals who are less motivated. Research has shown Motivational Interviewing to be helpful with a wide range of client groups and issues. This workshop will equip the attendees with an understanding of the general principles of Motivational Interviewing and will serve as a useful introduction to the basic skills of this approach.

### Pre-Workshop

Participants will receive free access to the online training course 'Motivational Interviewing Foundation Level Training Course' prior to the workshop. This will enable them to have a solid understanding of the theory that underpins Motivational interviewing before attending the workshop in Utrecht.

### Workshop Content

During the workshop in Utrecht the participants will have the opportunity to observe and practice Motivational Interviewing through role-plays and scenarios provided by the presenter.

### Expected Learning Outcomes

I. To become familiar with the general principles of Motivational Interviewing.

2. To equip participants with extra tools to build on their existing client engagement skills.

3. To enhance participant's confidence to use the skills of Motivational Interviewing in their own work settings.

### WS3: Restorative approaches to manage challenging behaviours in educational settings

Belinda Hopkins (UK)

Imagine a school where staff and students enjoy being together, converse together and care about each other's welfare. Imagine a school that puts relationships at the heart of everything it does – so that everyone learns the skills of making relationships, maintaining them even when things get a bit tough, and repairing them if they are broken or damaged through conflict or harm. Imagine a school that values social and emotional literacy so highly that every teacher, in every lesson, integrates these skills into whatever else is being taught



Imagine a happy confident staff team who respect the students as much as they themselves are respected and who seek to involve students actively in problem-solving and planning. Imagine so called discipline issues and challenging behaviour being understood as expressions of unmet need, and addressed by an attempt to understand the message behind the actions.

And in case you think this sounds a rather soft approach – imagine a school in which everyone is fully accountable to the rest of their community for their behaviour and who is expected to make amends if they do get things wrong and cause upset.

What you are imagining is a fully restorative school. They do exist. Come along and learn more about how to transform schools you know into such a place.

In a rapidly changing economic landscape we need to take into consideration that the preferred stable employment opportunities are vanishing. Digitalization, automatization, robotics and the advancement of artificial intelligence are challenging not only traditional blue-collar jobs but also, white-collar ones. Entrepreneurial skills, creativity and enormous flexibility are needed on the future labour market, and we need to embrace these new requirements in vocational rehabilitation, too.

### WS4: Person-centred support skills for community inclusion

Sarah Bickerton (UK)

The focus of the workshop is to explore what it means to be a citizen and how we can empower people with disabilities to overcome the barriers they face to citizenship and social inclusion.

We will look at person centred planning tools to facilitate and support this process. With the aim of enabling individuals to have increased rights, power, choice and control over their lives within a context of partnership and co-production. The workshop will be interactive with the anticipated outcome that participants will understand how to use practical tools with the people they support to empower and increase their status as socially included citizens.

### WS5: Working successfully in networks for integrated care

Dr Roger Green (UK)

Integrated Care is easier said than done! The experience of National Voices, an English coalition of 140 charities and 20 professional members, is representative of the challenge across Europe: "the lack of joined-up care is the biggest frustration for patients, service users and carers. Conversely, achieving integrated care would be the biggest contribution the health and care services could make to improving quality and safety".

The best efforts of professionals, service users and carers alike are invariably confounded by the complicated systems and networks in which they work.

This workshop will explore:

- Explore the leadership capabilities required for a network of partnerships.
- Experience from the UK in developing a person-centred system for integrated care and its potential for application in other countries.
- Reflect on the challenges in integrated care and what public authorities need to do to address them, and whether funding or service organisation needs to change



# Mutual Learning sessions Friday 21.09 11:00- 12:20

Workshop I	<b>Room 0.08</b>
Co-Production	(max 23ppl)
Chairperson: Ronald Schollaart	
<b>I) The BE Right Project</b>	The project focuses on developing a tailor made training course
Pablo Sanchez	in human rights applied to care settings, aimed in particular at
Fundación INTRAS	professionals of health and social services that have persons
Spain	suffering from mental illness among their patients and clients.
2) The INCORPORA project Juvenal Baltazar Fundação AFID Diferença Portugal	The Incorpora Project is a model to promote the active job search for people in social vulnerability, with special emphasis on people with disabilities. The methodology is focused on networking among the various institutions that make up the program and on the continuous involvement of companies. The model also ensures continuity of support for people included in the labor market and companies.

Workshop 2 Employment	<b>Room 2.12</b> (max 40ppl)
Chairperson: Laura Jones	
3) US model of Vocational Rehabilitation business relations training Stephen Wooderson Council of State Administrators of Vocational Rehabilitation United States	US law now requires Vocational Rehabilitation to assist businesses to improve their hiring and retention practice for persons with disabilities. The presentation will focus on how United States Vocational Rehabilitation program prepares counselors to work both people with disabilities and the businesses looking to hire qualified job seekers, including a brief history of how this dual customer approach became law, and how different Vocational Rehabilitation agencies are structuring staff teams to meet this requirement.
<b>4) go2job</b> Marleen Schiffer Berufsförderungswerk Köln Germany	go2job offers a modular qualification program that lasts for a period of up to 12 months. The program starts with a 4 week profiling. The goal here is to identify job-related as well as private competencies and closes up with an integration objective. The occupational requirement profile of the identified integration objective will be matched with already present competencies.
5) Supported Entrepreneurship Project Sabina Lobato Lobato Fundación ONCE Spain	The Supported Entrepreneurship Project (EmcA) is a pilot project addressed to people with disabilities with high support needs with an entrepreneur profile or interest, who in general find it really difficult to find a job, and even more to start their own business.



### Workshop 3 Independent Living

# **Room 1.49** (max 30ppl)

Chairperson: Alicia Gomez Campos		
<b>6) Helpific</b> Zsolt Bugarszki Tallinn University Estonia	Helpific is a web-based support environment that connects people who need assistance in independent living to local volunteers and paid help. Helpific is a person to person solution that helps to create stronger communities.	
<b>7) CARA Outreach programme</b> John McCraith NLN/ Rehabgroup Ireland	The CARA Outreach Support Service provides specialised support for individuals with a diagnosis of Autism spectrum Disorder (ASD). This is a highly proactive, structured and holistic service providing Person Centred outreach support. The service is designed to support the individual to recognise and to attain their future aspirations and potential.	
<b>8) Frailsafe</b> Sandra Degelsegger AGE Platform Belgium	FrailSafe can support older peoples' body to remain stable longer and delaying the collapsing of the tower. The solution developed by the project aims at better understanding frailty and thus better prevent the syndrome among older people. It enables them to use digital tools, like smart wearables and serious games to monitor their health, more specifically, their frailty levels. They can then adopt a preventive approach via personalized interventions and delay the onset of frailty. In the long run, public savings can be made in regards health and social care expenditures.	
Workshop 4	Room 0.07	

Mental Health	<b>Room 0.07</b> (max 23ppl)	
Chairperson: Mirko Miceli		
9) From ICF to a psychosocial approach for personalized wellbeing Marie Ange Widdershoven Theotokos Greece	This presentation focuses on the psychosocial interventions developed for people with intellectual disabilities in cooperation with the clinical use of the International Classification of Functioning, Disability and Health (ICF). By creating an ICF Profile, Theotokos staff develops rehabilitation program, with long and short term therapeutic goals. They again are the main objectives for our interventions. This integrated approach promotes wellbeing of people with Intellectual Developmental Disabilities across the lifespan.	



<b>10) Listening to the silenced Body</b> Sergio Fabela Centro de Reabilitação Profissional de Gaia (CRPG) Portugal	The recovery process after an accident or a severe illness is a complex path and involves a multitude of factors. In the Western culture there is a tendency to intervene with the mind and the body as if they were two separate entities, and not different elements of a whole picture. In the first moment, it is presented an overview of a biopsychosocial rehabilitation program, implemented after the post-acute phase, promoting the development of a sense of purpose and supporting the transition to an active and meaningful life. In the second moment, it will be described a group movement intervention as a way to create and to listen the language of the body, promoting the self-awareness and the ability to develop a sense of an integrated self. In the third moment it will be discussed the expected outcomes of the program.
<b>II) Recovery Supported Care</b> Johan Brugmans Mondriaan The Netherlands	After a brief introduction of the organisation, this presentation is will focus on the Recovery Supported Care, a concept that helps Mondriaan to focus on the recovery process of the clients. Firstly, an introduction of the subject will be explored. Secondly, the differences in the old paradigm will be elaborated. Thirdly, an exercise will show how difficult it is to change our way of thinking. Several examples will be given of which we think that we are slowly but positively heading in the right direction.

Workshop 5 Quality	<b>Room 2.41</b> (max 30ppl)
Chairperson: Sarah Vansimpsen	
<ul> <li>12) Quality in Social Service and measuring outcomes</li> <li>Alex Rebelo</li> <li>APPACDM de Coimbra- Portugal)</li> <li>Guus van Beek</li> <li>All About Quality Consultancy</li> <li>the Netherlands</li> </ul>	An informative, interactive and comprehensive session (including concrete examples) about the requirements of measuring outcomes in the new EQUASS system. Participants will have the opportunity to share their views and learn from others The session allows the provider to reflect on their own performance and to identify any areas in need of improvement and actions that may be taken. The process encourages sharing and comparison participant's views and experiences and will support to broaden their perspective.



### SPEED-DATING Various Topics

### **Room 0.5 I** (max 150ppl)

Chairperson: Peter Woodward		
<b>14) Building Bridges</b> Ana Alves Centro de Reabilitação Profissional de Gaia (CRPG) Portugal	Several studies point out the importance of the employment to a person's life, as a way to assure daily routine and objectives, economical independency, social network and a self-perception of value. However, people with disabilities face significant challenges to get hired and to maintain a job. After an individualized assessment of the person, considering one's functioning profile, soft and technical competences, previous job experiences, dreams and expectations, an individual plan is developed. If the person is already fit for work, CRPG team supports the client to approach the employers, acting as a mediator. CRPG also supports the employers aiming to implement disability management practices or just to hire a person with disability.	
15) Brain plasticity: mechanisms of damage and role of non- invasive brain stimulation in neurorehabilitation Dr Ennio lezzi Neuromed Italy	Neurons in the central nervous system are organized in functional units interconnected to form complex networks. Acute and chronic brain damage disrupts brain connectivity producing neurological signs and/or symptoms. In several neurological diseases structural imaging studies cannot always demonstrate a clear association between lesion site and clinical disability, originating a so called "clinico-radiological paradox". The discrepancy between structural damage and disability can be explained by a complex network perspective. In this session, participants will reflect on how non-invasive brain stimulation (NIBS) successfully modulates brain plasticity and can contribute to enhance network connectivity, promoting clinical recovery	
<ul> <li>16) Moral Case Deliberation</li> <li>Birgit Grimbergen</li> <li>Rea-College Pluryn</li> <li>The Netherlands</li> </ul>	In the moral case deliberation, we facilitate staff (and others involved) to talk about real cases at work where they have to make a choice in a dilemma in a structured manner. In several phases they will define the ethical theme behind the dilemma; they will look at the norms and values behind it and they will look at the case from different perspectives.	
<b>17) Inspiration from Sweden</b> Kristina Grevtsova Rodrigo Souza <i>Funkibator</i> <i>Sweden</i>	Funkibator is an NGO located in Växjö, South of Sweden. We work on the development issues in the field of disability. Our working spirit is revamped by innovations, opportunities, solutions, and entrepreneurship. Our main areas of activity are labor market, leisure, education, and international issues. Most of the operations are national and an international dissemination is underway. Everything we do strives in one and the same direction, and that is to raise the quality of life for people with disabilities. We envision a progressive, supportive and collaborative environment that's fasters meaningful growth and provides a life filled with purpose.	



<b>18) Supported Employment in France</b> Daniel Kuntz Jean-Claude Schrepfer <i>Centre de Réadaptation de Mulhouse</i> <i>France</i>	CRM will share their experience with the recently implemented Supported Employment law in France. (To enable disabled workers to access and maintain paid employment in the labour market). The approach includes medico-social support and support for professional integration.
<b>19) Job-Fair</b> Mari Kalbin Astangu Estonia	Job Fair is a unique event, that is targeted to people with special needs, to help them find a job in the open labour market or some work-like activities in sheltered work centre. All companies who have come to the fair know and have taken into account that people with special needs need to have flexibility in creating the job profile and work schedule. The purpose of the Job Fair is to bring together employers and people with special needs, give information to people about different companies and their areas of activity. Employers get to know more about the daily routines and capabilities of people with special needs. We also offer a program and workshops for the companies who participate - after the fair they can exchange experiences with each other and take part in activities to test their skills and knowledge in special needs.
20) The Recovery Context Inventory: supporting personal mental health recovery and recovery- oriented services Tom O'Brien Health Service Executive/ University College Dublin Ireland	The Recovery Context Inventory (RCI) is an exciting, innovative and validated suite of mental health recovery resources designed to assist mental health service users in their personal recovery process and services in their efforts to become more recovery- oriented. Based upon an ecological and strengths-based conceptualisation of the personal mental health recovery process, the RCI has undergone a rigorous development process. Its dual-rating system (importance and presence) has been designed to be sensitive to the unique and staged nature of the recovery process, to facilitate the person to pinpoint areas of strength and areas they may wish to work on and provide a valuable snapshot of the service user's perceptions of the recovery- orientation of the service. The RCI offers an important opportunity to facilitate a collaborative approach to recovery planning and can be used to inform evidence-based service design, planning, delivery, monitoring and evaluation.

Further information, including registration, fees and accommodation can be found on the EPR 2018 Annual Conference web page <u>here</u>.