Online training course for staff and service users

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Particip.AGE

MARIABERG
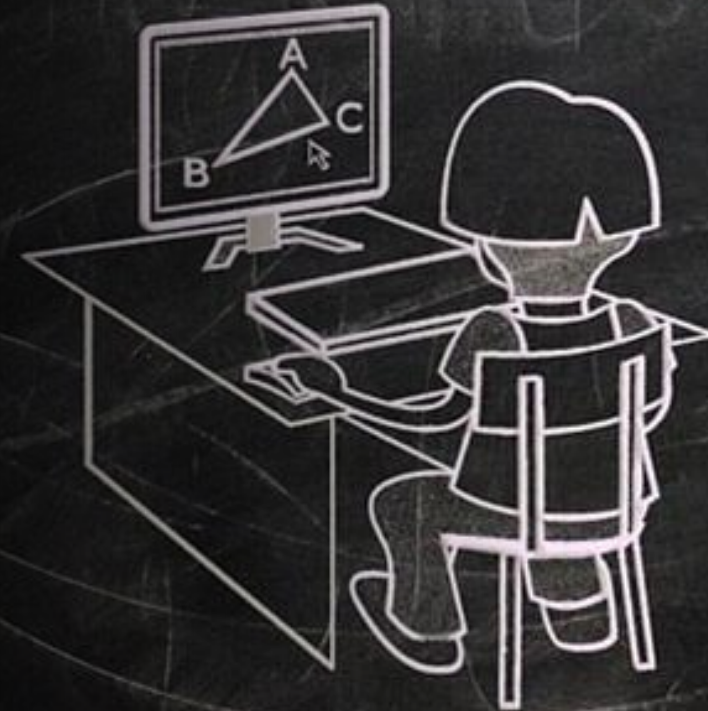Von Mensch zu Mensch

Förderung der Teilhabe von älteren Menschen mit Behinderungen mit dem Fokus Gemeinwesen

Development of learning modules

- On the webpage are currently three modules for professionals working with elderly people with disabilities

- Also all relevant documents and recommendations are available on the website

- Based on the results of the study we developed the learning modules and tested the first module with 12 professionals

- The first pilot was done in person and the feedback of the professionals was used to adopt the necessary changes

The modules

Module 1: Effective communication and collaboration

- Improving skills in the areas of social engagement, communication, networking and collaboration

Module 2: Stress management and burnout prevention

- Improving healthy coping strategies

Module 3: Building trust and recognising independence

- Improving trust and the balance between autonomy and interdependence, as well as self determination

Learning modules for service users

Module 1: Paths to self-initiative and self-determination

Learning to make decisions, act based on interests and still receive support
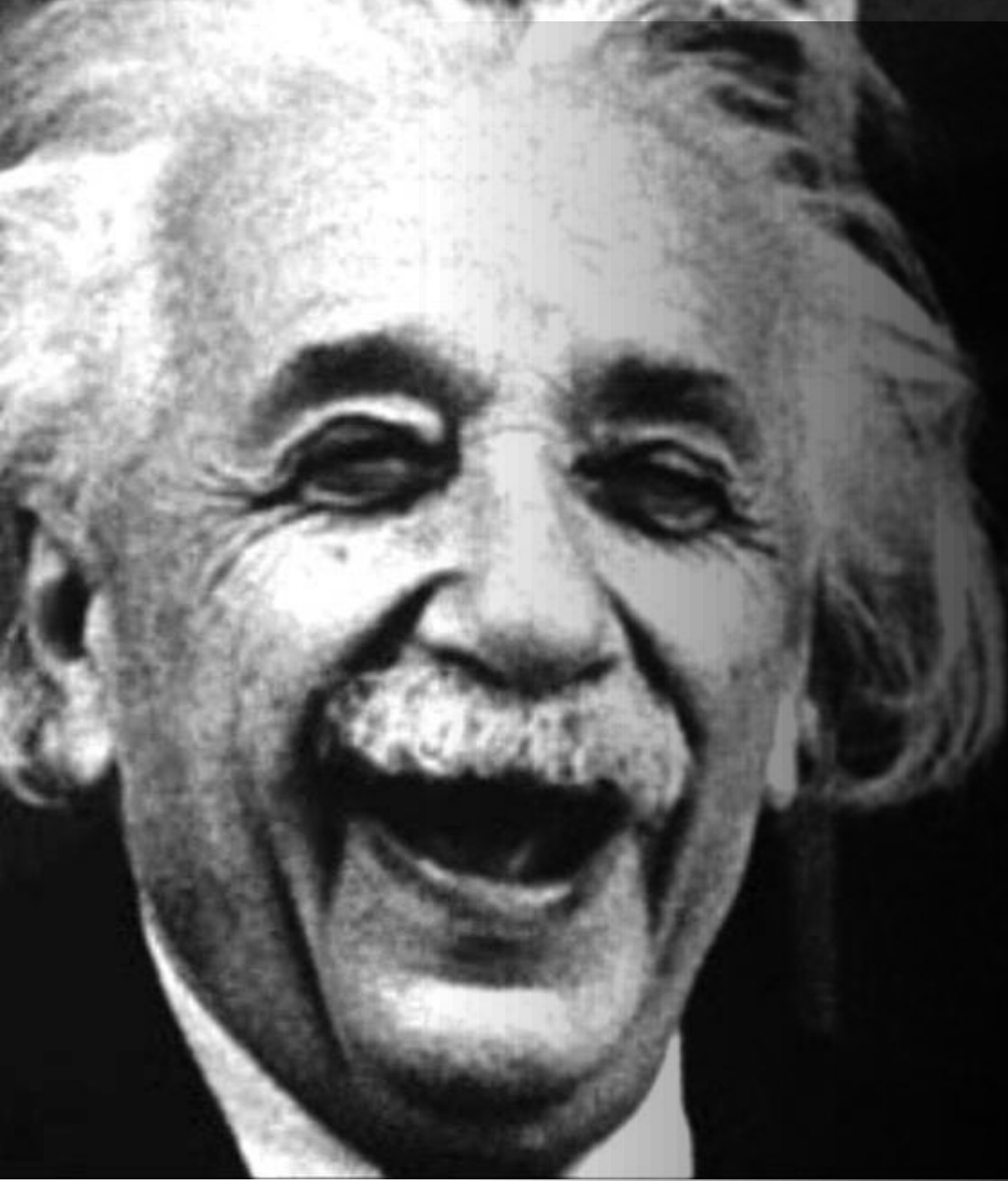
Module 2: Dealing with stress

Recognising stress and what you can do   to relax

Module 3: Trust and teamwork

Learning to build trust and create a sense of belonging

All modules only touch on the topic and provide opportunities for further exploration.

Findings and concluisons from testing

- The realization of a learning management system was not so easy as we expected

- A lot of technical aspects influencing learning sucess

- Language and automatic translation was not always easy to handle

- The topics are often known to professionals, but it is helpful and fruitful to remind oneself about the named topics

- The majority of our service users were not able to use the platform independently but to do it together, discuss it and learn about from others was unexpected benefitting
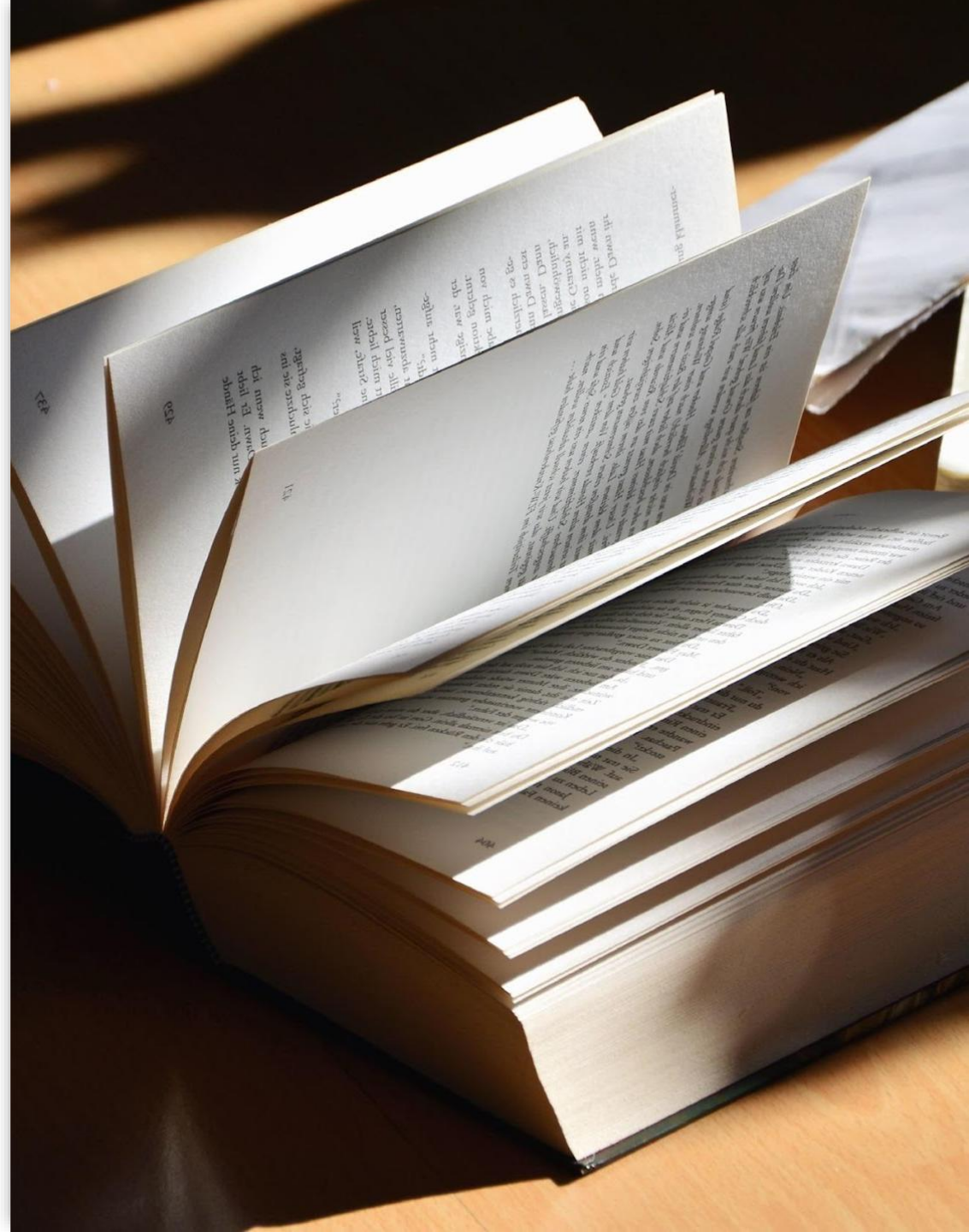
Findings and conlusions from testing

- With service users you can take the modules as a first start and work together on the topic. The feedback was amazing from service users

- Free and barrier free internet access for service users was a huge problem

- Teaching digital competences for elderly service users is mostly not structured and planned – but necessary

Findings

- Inclusion in the community needs also awareness raising within the community which is not always funded

- How institutionalised are we as professionals working in organisations. Do we really want to go in the community, what hinders?

- It is important to open up the community, and we must bring people with disabilities and the community into positive contact with each other.

- Community based work, networking, cooperation competences are very important for it, we are the professionals who can do it

- Don´t wait for the network coming to you....

Danke für die Aufmerksamkeit