

# Online training course for staff and service users

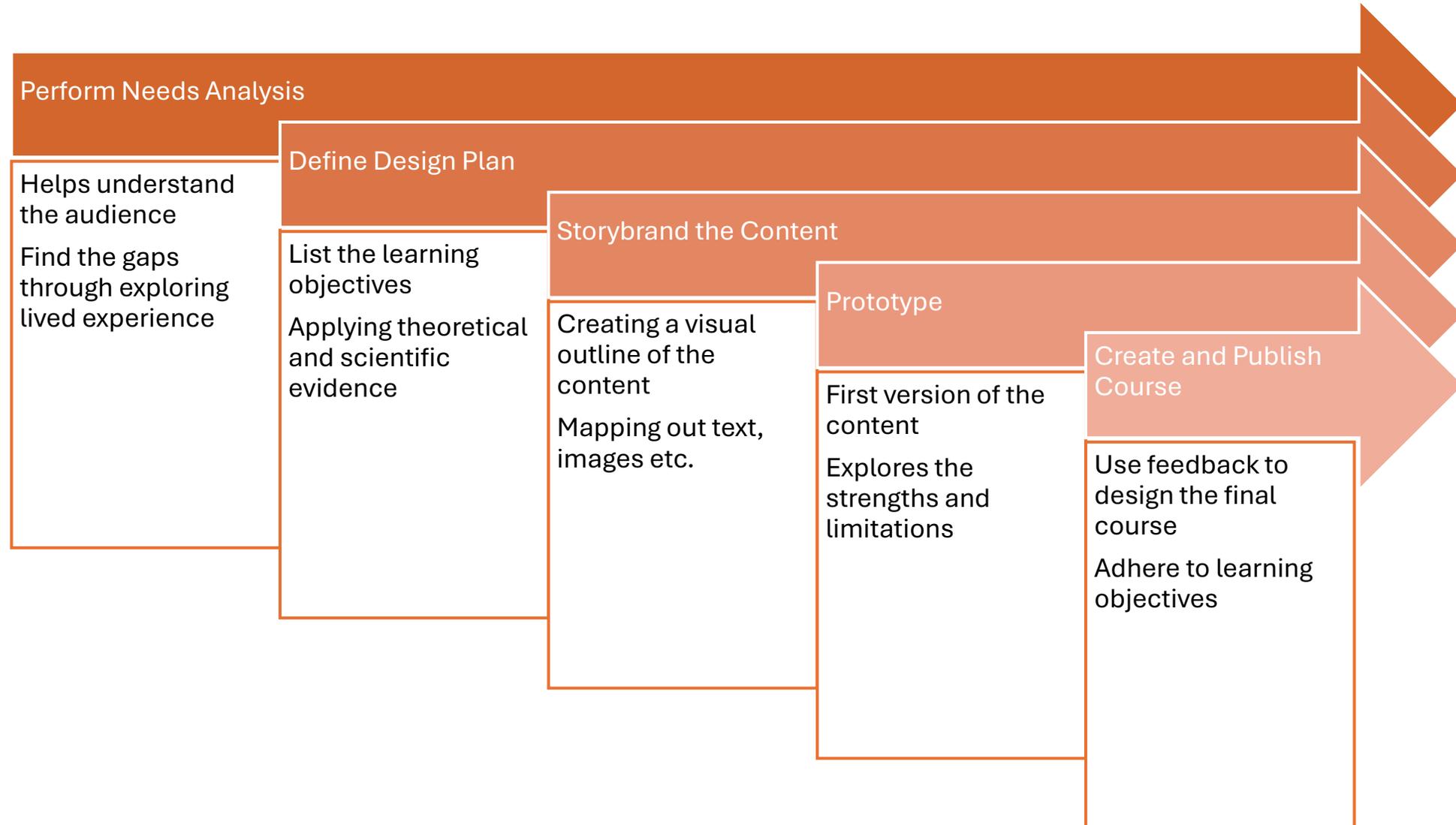
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# Development and implementation of training modules for Staff and Service Users



# E-Learning Course Development



# Method - *Collaborative Approach*



STEP 1: Educational content Working Group



STEP 2: Digital Implementation Working Group



STEP 3: Training and Piloting Working Group

# Behaviour Change Science and Effective Training Outcomes: Key steps



## Stakeholder Needs Analysis

-> Identify the key barriers and facilitators for social inclusion



## Link Findings with Behavioural Change Science

-> Apply models/frameworks such as COM-B, the Behaviour Change Wheel and the BCT Taxonomy to results of analysis



## Enhance Competencies of Service Providers Staff to Support APWID

-> Ensure selected models/frameworks are continuously implemented during the educational content development

# Stakeholder analysis findings– Service Users

## Barriers for APWID include:

- limited choices, exclusion
- constraints on personal preferences and values.

## Facilitators for APWID's social inclusion are:

- trust in staff
- emotional support from staff
- improved staff connections

# Stakeholder Analysis Findings- Staff

## Barriers for Staff include:

- understaffing
- financial constraints, including limited support for inclusion activities,
- staff competency and knowledge
- need for additional support and resources rather than just training.

## Facilitators for Staff include:

- Teamwork
- Interdisciplinary training,
- Proactive activity planning



# Training Modules Developed

## **STAFF**

- Effective Communication and collaboration skills
- Stress Management and Burnout Prevention
- Establishing Trust and Respect

## **SERVICE USERS**

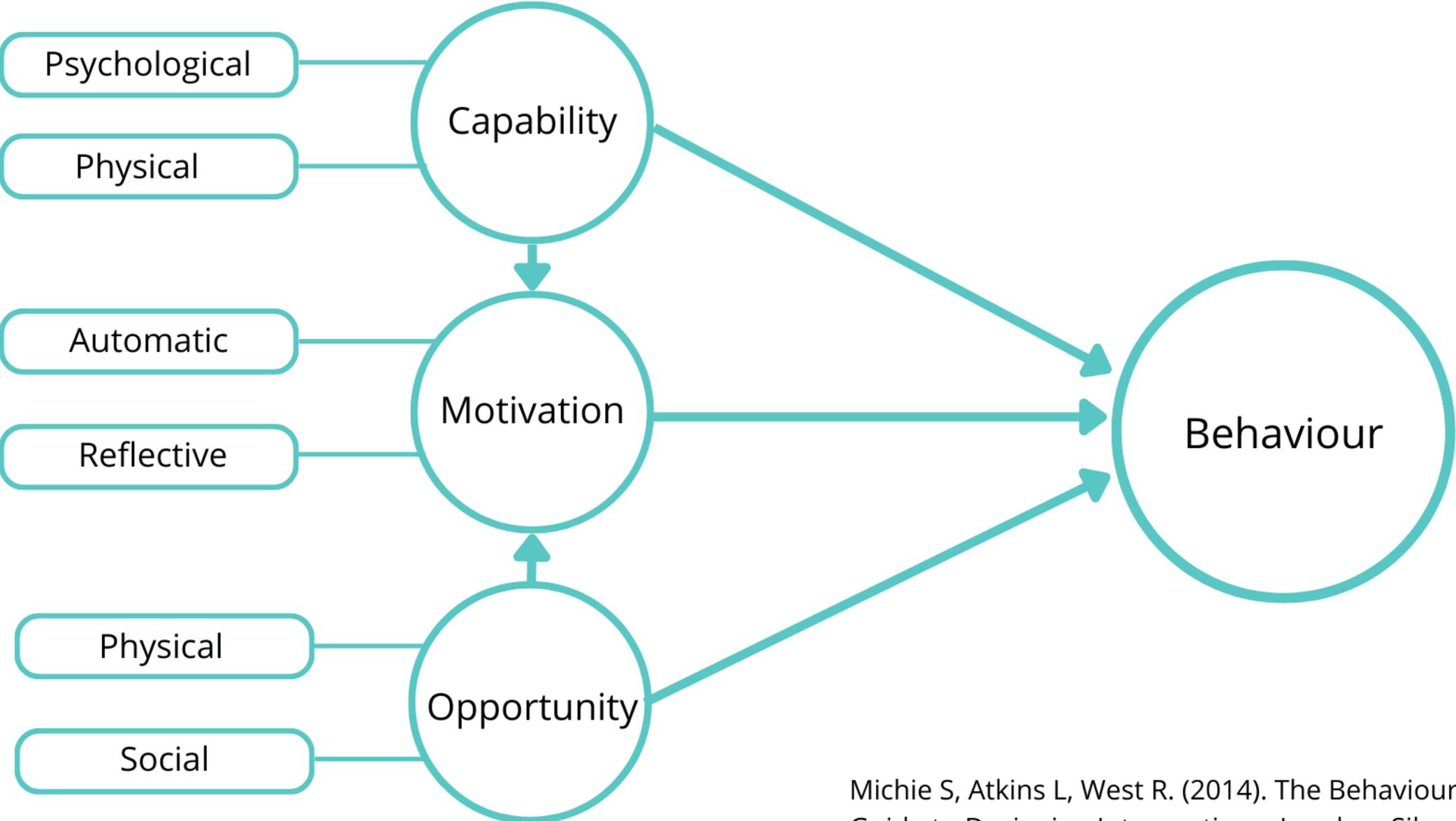
- Autonomy and Independence
- Health Coping Mechanisms
- Team Collaboration

# Role of Psychology in Health Research

- Acceptability
- Engagement
- Design
- Efficiency
- **BEHAVIOUR CHANGE**

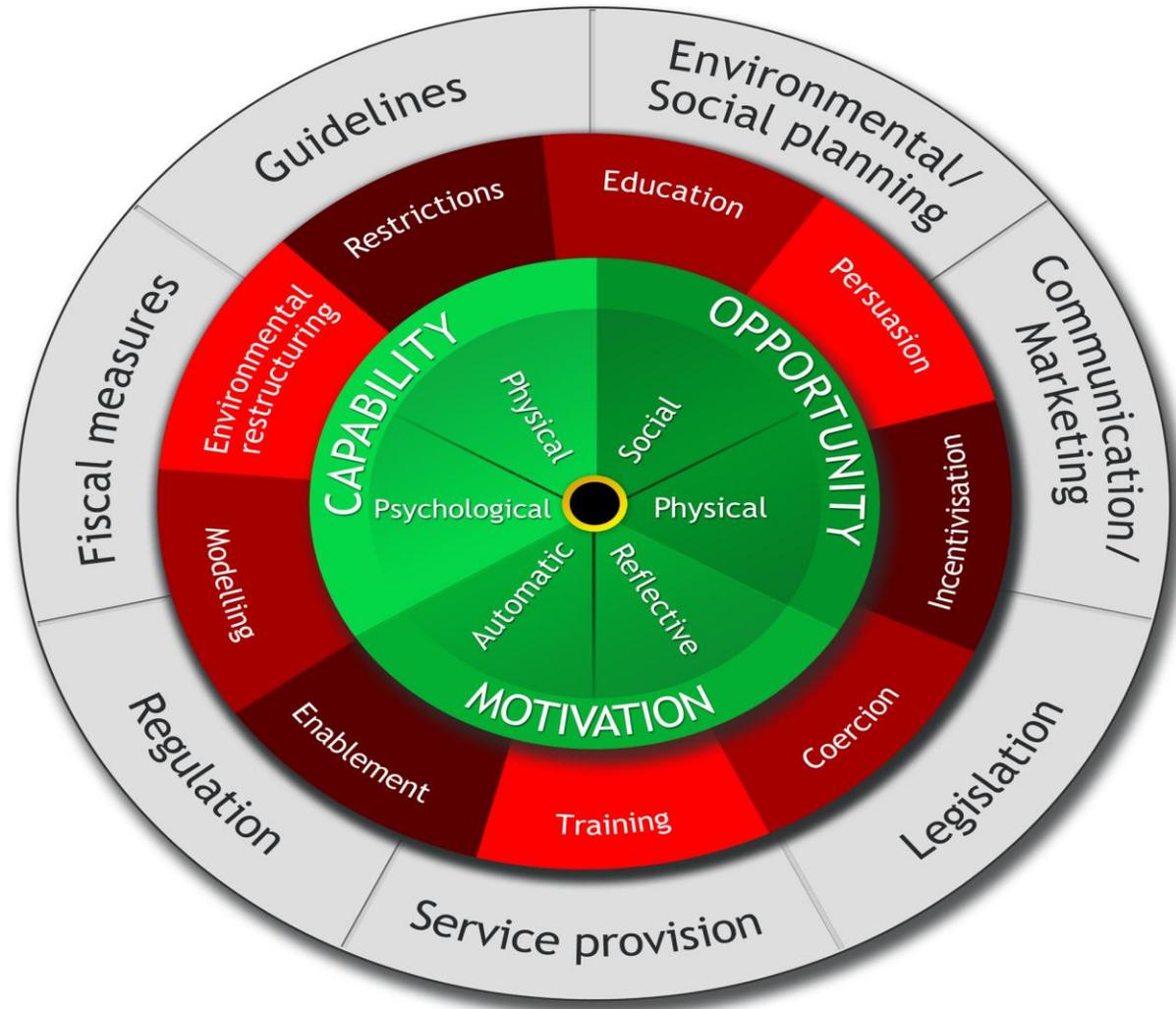
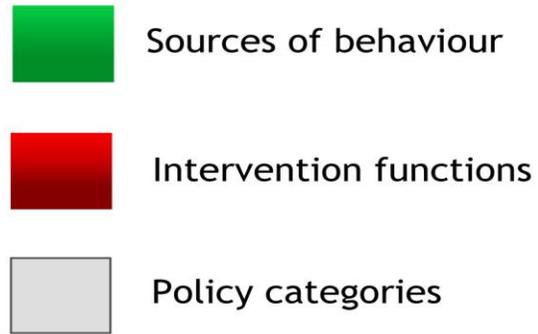


# COM-B model of behaviour change



Michie S, Atkins L, West R. (2014). The Behaviour Change Wheel: A Guide to Designing Interventions. London: Silverback Publishing.

# Behaviour Change Wheel: COM-B Expanded

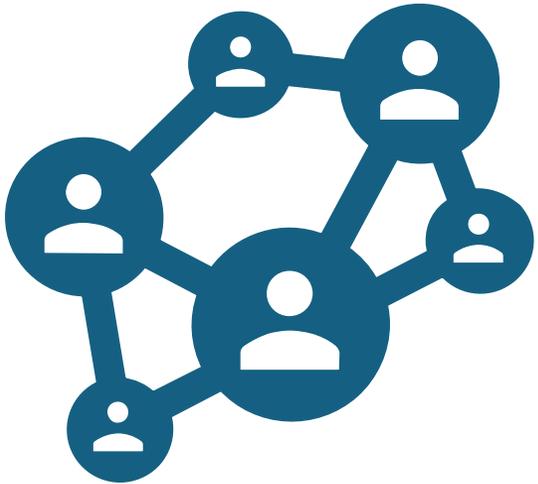


# Sample learning objectives

## Effective Communication and Collaboration Skills for Staff

### Learning Objectives:

- initiate/maintain **positive relationships** to support social inclusion
- strategies for effective **networking** to mobilise resources
- **communication skills** to advocate for the inclusion of aging individuals within the community.
- learn to identify and **address challenges** in community relations, fostering proactive problem-solving.
- Foster positive relationships with interdisciplinary team members
- To develop effective **team collaboration** skills - open communication and shared goals



# Pilot training for Staff and Service Users

