

Online training course for staff and service users

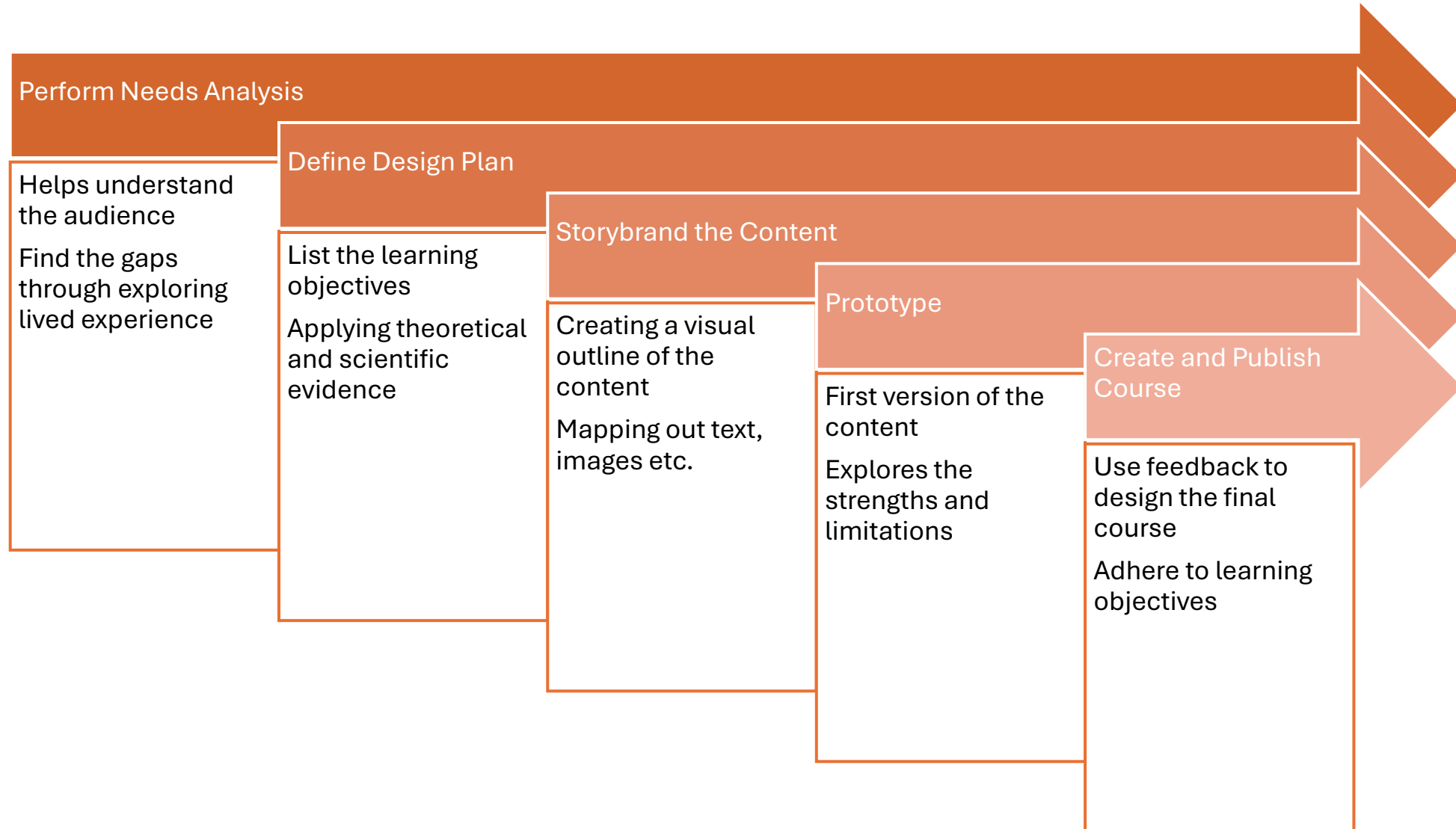
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Development and implementation of training modules for Staff and Service Users



E-Learning Course Development



Method - *Collaborative Approach*



STEP 1: Educational content Working Group



STEP 2: Digital Implementation Working Group



STEP 3: Training and Piloting Working Group

Behaviour Change Science and Effective Training Outcomes: Key steps



Stakeholder Needs Analysis

-> Identify the key barriers and facilitators for social inclusion



Link Findings with Behavioural Change Science

-> Apply models/frameworks such as COM-B, the Behaviour Change Wheel and the BCT Taxonomy to results of analysis



Enhance Competencies of Service Providers Staff to Support APWID

-> Ensure selected models/frameworks are continuously implemented during the educational content development

Stakeholder analysis findings– Service Users

Barriers for APWID include:

- limited choices, exclusion
- constraints on personal preferences and values.

Facilitators for APWID's social inclusion are:

- trust in staff
- emotional support from staff
- improved staff connections

Stakeholder Analysis Findings- Staff

Barriers for Staff include:

- understaffing
- financial constraints, including limited support for inclusion activities,
- staff competency and knowledge
- need for additional support and resources rather than just training.

Facilitators for Staff include:

- Teamwork
- Interdisciplinary training,
- Proactive activity planning



Training Modules Developed

STAFF

- Effective Communication and collaboration skills
- Stress Management and Burnout Prevention
- Establishing Trust and Respect

SERVICE USERS

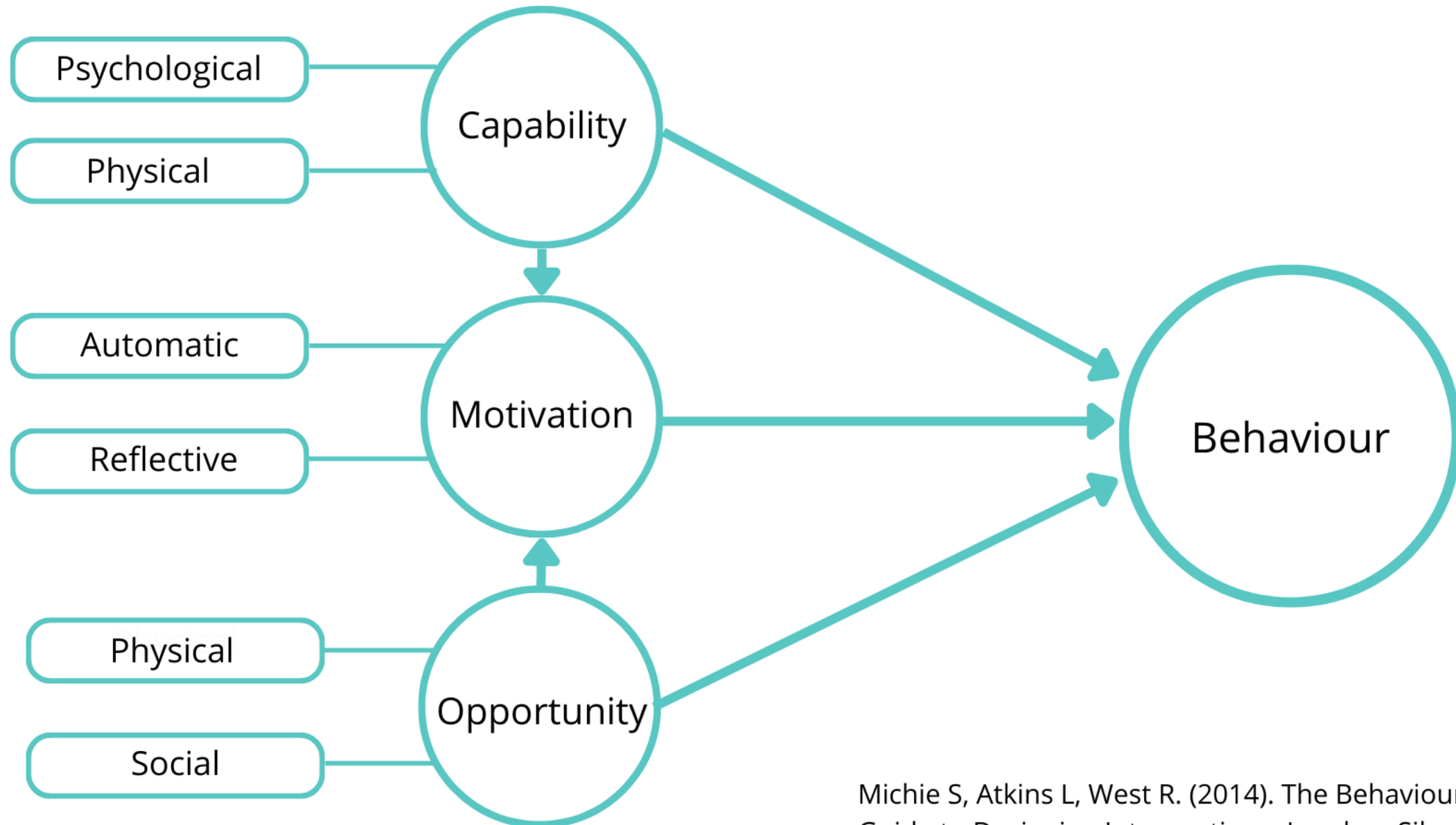
- Autonomy and Independence
- Health Coping Mechanisms
- Team Collaboration

Role of Psychology in Health Research

- Acceptability
- Engagement
- Design
- Efficiency
- BEHAVIOUR CHANGE

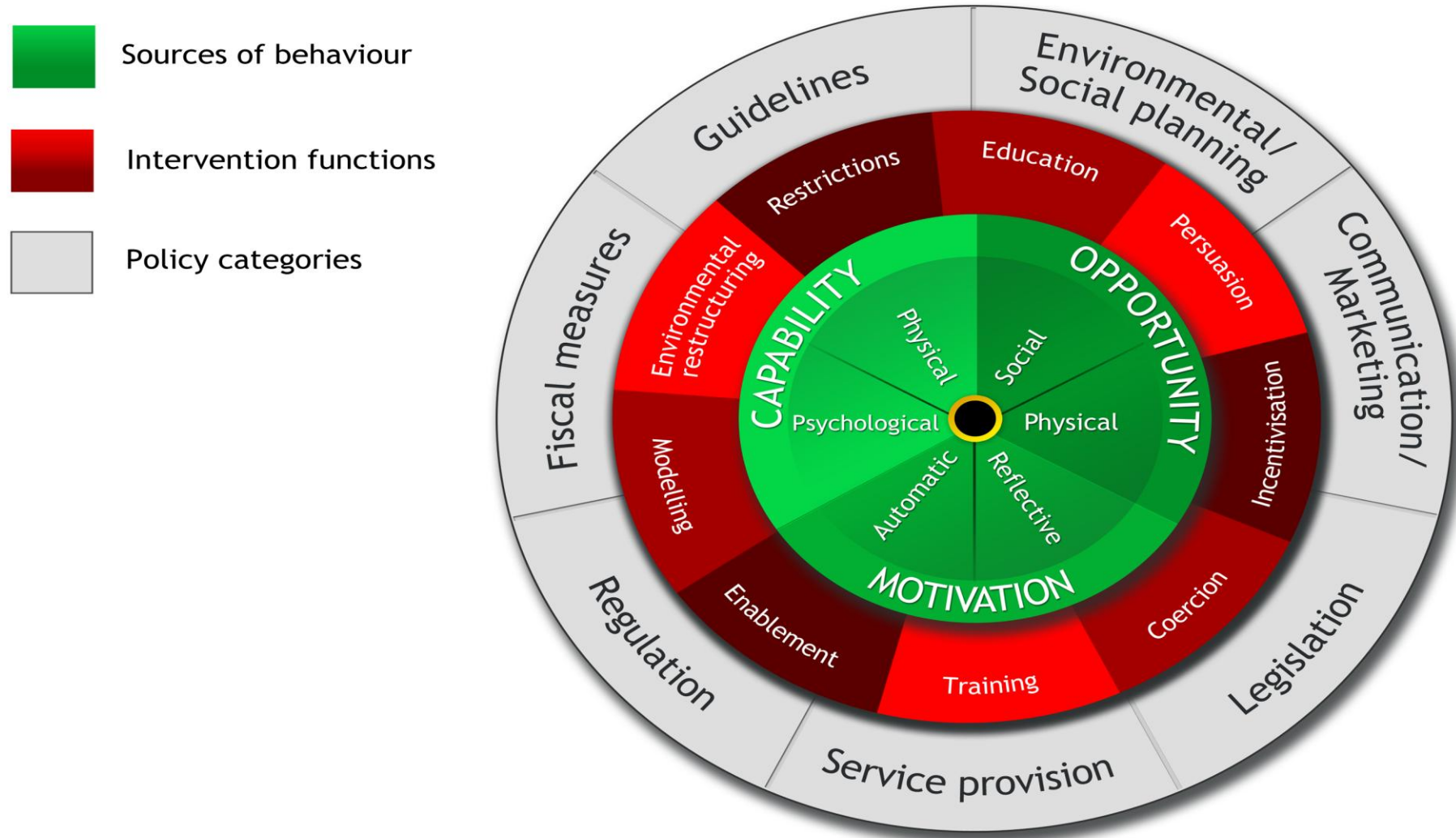


COM-B model of behaviour change



Michie S, Atkins L, West R. (2014). The Behaviour Change Wheel: A Guide to Designing Interventions. London: Silverback Publishing.

Behaviour Change Wheel: COM-B Expanded



Sample learning objectives

Effective Communication and Collaboration Skills for Staff

Learning Objectives:

- initiate/maintain **positive relationships** to support social inclusion
- strategies for effective **networking** to mobilise resources
- **communication skills** to advocate for the inclusion of aging individuals within the community.
- learn to identify and **address challenges** in community relations, fostering proactive problem-solving.
- Foster positive relationships with interdisciplinary team members
- To develop effective **team collaboration** skills - open communication and shared goals



Pilot training for Staff and Service Users

