



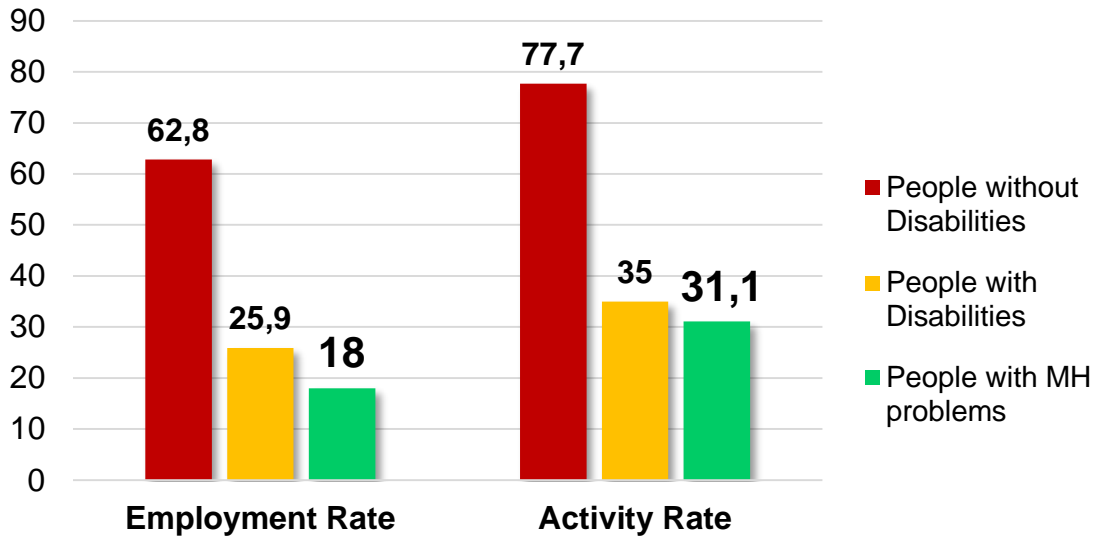
BRIDGING THE GAP
between Diagnosis
and Employment Path

ONCE Foundation at a glance

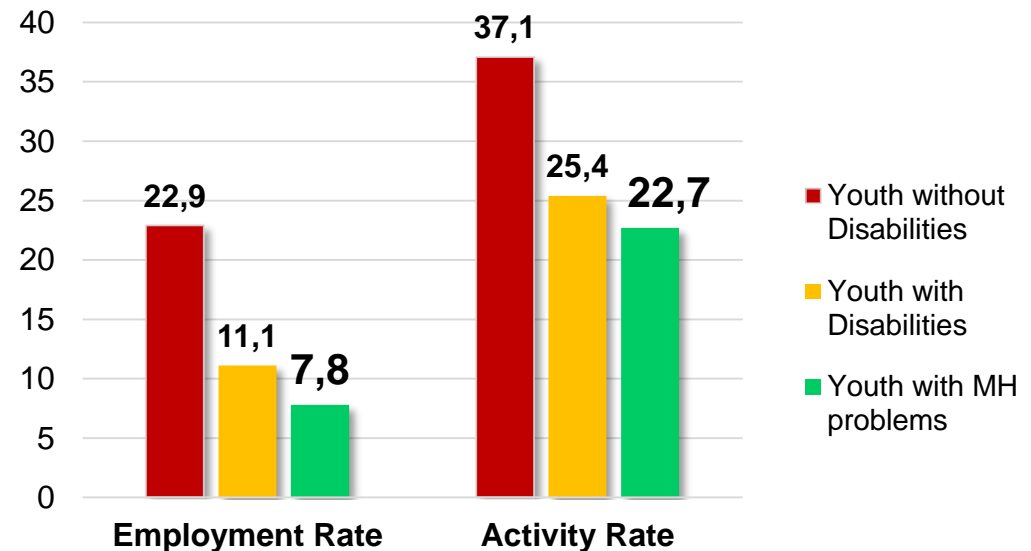
- **Mission:** To contribute to the **full social inclusion** of people with disabilities, mainly through employment and universal accessibility.
- **Board of Trustees:** ONCE, Public Administration and Disability Movement (National Umbrella Organizations)
- **Annual Budget - € 100 million:**
 - **Sources:**
 - ONCE (Lottery sales) - 72%
 - European Social Fund (Intermediate Body since 2000) - 20%
 - Other sources - 8%
 - **2 priorities:**
 - Training and Employment (70%)
 - Universal Accessibility, Design for All and Independent Living (30%)
 - **Grantmaking** (around 1,900 projects supported last year)



Background



YOUTH and PEOPLE with MENTAL HEALTH problems: two of the groups more affected by INEQUALITY, especially in access to EMPLOYMENT



Background



Spanish Disability Sector, ONCE Foundation's main stakeholder

- Importance of attending their **needs and concerns**
- **Collaboration**, key for the definition and design of actions and programs
- Continuous support through **Annual Grant Program** (co-financing initiatives on training and employment, and universal accessibility)



European Union
European Social Fund
Investing in jobs and skills

European Social Fund

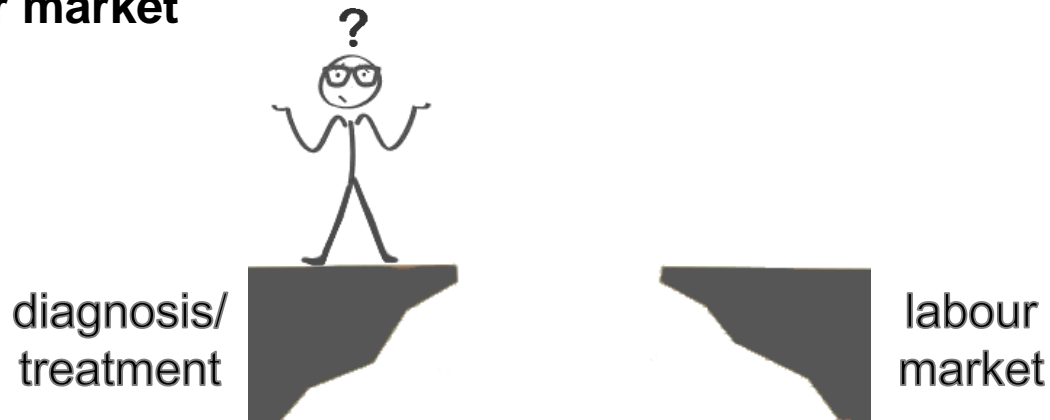
- **Operational Programmes** for Social Inclusion and Social Economy, and Youth Employment
- ONCE Foundation, **ESF OP Intermediate Body** since 2000



Background

Consultation with Mental Health Organizations on the needs of their users/clients:

- **Gap** between **diagnosis/start of treatment** and entry/re-entry into the **labour market**



- **Crucial transition period not covered** by traditional actions, programs or funding
 - **Lacking:** motivation, options, work skills
 - **Needing:** specific guidance, individual support



Solution

Collaborative design of a specific customized grant call

- **Target Group: Young persons with disabilities** due to **mental health problems** (aged 16-29, registered in Youth Guarantee System)
- **ESF Youth Employment Operational Programme** (co-financing 91,89%).
- **Grant budget:** 1,200,000 € (5,000€/participant)
- **Objectives:**
 - Improving employability of youth with mental health problems through implementation of individualized customized guidance programs.
 - Promoting acquisition of basic skills and preparation for decision-making on training and employment.
 - Activating NEETs (Not in Employment, Education or Training)



Methodology

- **Person-centred** programs
- Involvement of a **multidisciplinary professional team** (psychologists, vocational therapists, trainers...).
- Work in **small groups** (up to 6 participants) to get a higher impact.
- **3 phases:**
 - Initial individual assessment of participants to analyze their situation, skills, motivations, attitude, expectations and needs.
 - Combination of group and individual interventions, distributed according to the profile and needs of the target group (total 320 hour/participant)
 - Final assessment and evaluation of results.



Results

- **32 projects supported** from 24 disability organizations
- **157 participants** with mental health problems aged 16-29, of which:
 - 120 unemployed + 37 inactive
 - 145 completed the program
 - 33% got a job
 - 10% joined other training programs
 - 16% became jobseekers



Conclusions

- **Highly valued program by supported disability organizations**
- **Success factors** for a high impact:
 - Close collaboration with disability organizations for the definition and design of actions
 - Focus on specific needs of specific vulnerable groups
 - Individualized attention/support
 - Empowerment through personal and professional development
 - Work on motivation





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Thank you!



WWW.INTRAS.ES



VEMOS

LA CAPACIDAD DE RECUPERACIÓN DE LAS PERSONAS

INTRAS = Research, treatment and social services in Mental Health

ORIGIN: Non-profit organization founded in 1994 by **professionals** working in the field of research & intervention with people suffering from social exclusion due to mental health problems.

OBJECTIVES

- ✓ Offering social-health assistance.
- ✓ Promoting training, education and employment.
- ✓ Promoting research, development and innovation.
- ✓ Raising awareness about mental health.

TARGET GROUPS

- ✓ Adults with serious mental illness, their families/carers.
- ✓ Young people with mental disabilities learning difficulties.
- ✓ Elderly people with cognitive impairment, their families/carers.
- ✓ Professionals working with these target groups.



OUR AIM

To improve the quality of life of people with mental health issues by increasing the access of our target groups to educational, sportive, laboural and cultural activities.
Fully integration into society is our priority!



INTRAS SERVICES

Care and support for people with mental health issues

- ✓ Residential care
- ✓ Supervision in therapeutic flats
- ✓ Psycho-social rehabilitation programs
- ✓ Cognitive intervention programs
- ✓ Occupational activities
- ✓ Vocational training
- ✓ Job coaching
- ✓ Social employment
- ✓ Leisure activities

Care and support for the elderly with cognitive impairment

- ✓ Memory training programme
- ✓ Psycho-education and cibertherapy
- ✓ Social care at home



NETWORK AT SPANISH LEVEL .PLATFORM ISEM.

INTRAS is an active member of Platform ISEM, a non-governmental association and non-profit organization founded by several Spanish entities as a national network promoting social and professional integration of people with mental health problems.



Plataforma de entidades para
la promoción e integración
social de personas con
enfermedad mental

AIMS

- ✓ Rehabilitation and psychosocial care to support the social and professional insertion of people with problems mental health who are at risk of social exclusion.
- ✓ Exchange and transfer of experiences, knowledge and technology within the field of mental health.

OBJECTIVES

- ✓ Investigation and promotion of new approaches in social integration of people with mental health problems.
- ✓ Coordinate initiatives and projects with common interest of their partners.



PLATFORM ISEM – 15 PARTNERS



IMPROVING EMPLOYABILITY OF YOUNG PEOPLE WITH MENTAL HEALTH PROBLEMS

5 members of Platform **ISEM** participate in the program, with a total of **6 PROJECTS** to improve the employability of **31 YOUNG PEOPLE** with mental health.

INTRAS - 3 PROJECTS / 13 PARTICIPANTS

- ✓ **ACCOMPANY:** Therapeutic accompaniment, through individualized actions focused on participants and small groups, aims to prepare and guide young people with mental health problems in the decision-making about education and employment.
- ✓ **THE POINT OF THE PINE FOREST:** Train participants to recover, maintain and boost in rural environment a natural area, through the activation a service of bar-cafeteria.
- ✓ **YOUR HOUSE TO POINT:** create a maintenance, rehabilitation and decoration equipment of assistance and residential buildings.

SORAPAN - 1 PROJECT / 6 PARTICIPANTS

ISOL - 1 PROJECT / 6 PARTICIPANTS

CHM LES CORTS- 1 PROJECT / 6 PARTICIPANTS



THE POINT OF THE PINE FOREST. LABOUR INSERTION THROUGH THE RECUPERATION OF NATURAL AREAS

NEEDS DETECTED

- ✓ Difficulties of young people with mental health problems to obtain education certificates and professional experience. Individual training is herewith presented has a good solution, but high costs complicates interventions.
- ✓ Young people unemployed, who lack professional skills and are not integrated into education systems.
- ✓ Initial situation of participants, lack of knowledge of the processes catering services and no social skills to develop customer service in the sector.
- ✓ Financial grants of ONCE to improving employability of young people with mental health problems, create an ideal framework to development a very individualized program, focused in recovery of life projects of these young people.



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Fondo Social Europeo
Iniciativa de Empleo Juvenil
El FSE invierte en tu futuro



THE POINT OF THE PINE FOREST. LABOUR INSERTION THROUGH THE RECUPERATION OF NATURAL AREAS

PROPOSED PROJECT

- ✓ Formative action with 4 participants during 4 months (320 hours). Group and individual intervention
- ✓ Theoretical and practical education in the field of catering. Promote social skills
- ✓ Acquisition of technical skills in basic bar service, combined with the mathematical competence.
- ✓ Recover, maintain and boost a natural area, through the activation a service of bar-cafeteria.
- ✓ Professional support team.



THE POINT OF THE PINE FOREST. LABOUR INSERTION THROUGH THE RECUPERATION OF NATURAL AREAS

AIM

To *improve the employability* of people with mental health issues by increasing their capacities in catering services, with the main purpose that at the end of the project, the participants are trained to insert themselves in the catering industry.



THE POINT OF THE PINE FOREST. LABOUR INSERTION THROUGH THE RECUPERATION OF NATURAL AREAS

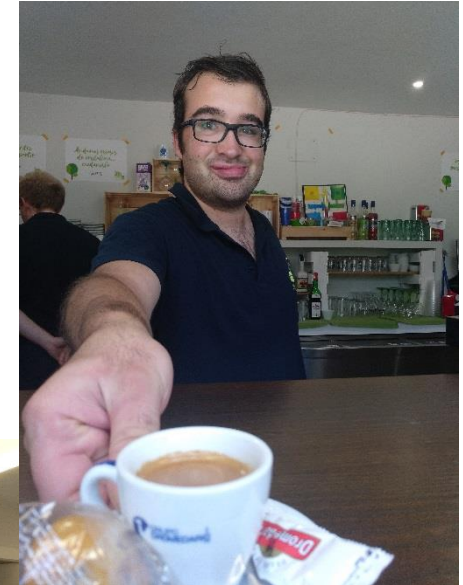
ACTIVITIES

GROUP ACTIVITIES

- ✓ FIRST FASE: learning and knowledge of the different catering services.
- ✓ SECOND FASE: Equipment uses, warehouse preparation, standards of cleanliness and hygiene , communication with customers and suppliers.
- ✓ THIRD FASE: practical work.

ONE TO ONE TRAINING

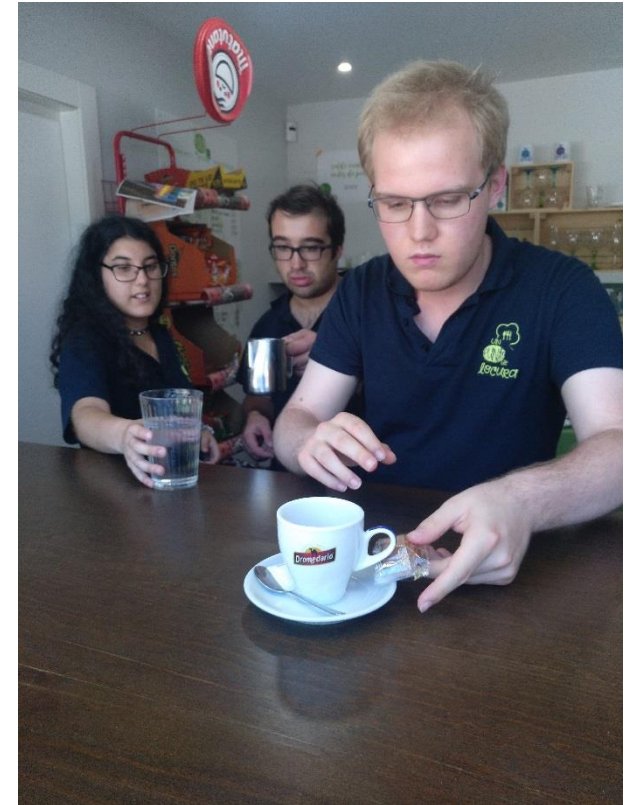
Individual plan of action. work of social skills and frustration management. Access to the labour market



THE POINT OF THE PINE FOREST. LABOUR INSERTION THROUGH THE RECUPERATION OF NATURAL AREAS

RESULTS

- ✓ 4 participants have successfully finished the training.
- ✓ Acquisition of skills in catering service
- ✓ Approach and awareness to a rural area the integration of the collective.
- ✓ Recover a recreational area for the enjoyment of rural environment.
- ✓ The Point of the Pine Forest will reopen again in May 2019.
- ✓ 2 participants have obtained labour contracts.





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