



Women in ON-MODE VG

Giving voice to women experiencing gender violence in intersection with disability—a socially invisible group requiring support to escape the cycle of violence.

Introduction

Program Launch

In 2020, Inserta Empleo and Once Foundation launched Mujeres en Modo ON-VG to empower Women with Disabilities who are Victims of Gender Violence through training, employment, and entrepreneurship.

More than 4,500 women have participated since inception.

Groundbreaking Research

In 2023, the study *OJO AL DATO. Visibilidad de una realidad oculta* was conducted—the main reference on gender violence and disability, as no statistics or studies of such scope existed.

Today we'll explore key findings and demonstrate how the program contributes to independence.



Alarming Prevalence

40.4%

Women with Disabilities

Will be victims of gender violence at some point in their lives

32%

Women without Disabilities

Experience gender violence in their lifetime

71%

Disability Precedes Violence

The disability is congenital or occurred at early age—women with disabilities are easier targets

Almost half of women with disabilities will experience gender violence. According to the Ministry of Equality macro-survey, 83% had disability before violence occurred.

Why Greater Vulnerability?

Damaged Self-Esteem

Early experiences of harassment and bullying significantly affect confidence from childhood.

Reduced Self-Defense

Physical or cognitive limitations make it easier for abusers to manipulate and control.

Social Invisibility

Society strips women with disabilities of capacity for loving relationships—harder to be believed when reporting.

Accessibility Barriers

Lack of sign language interpreters, Braille forms, or easy language creates obstacles to reporting.

Economic Dependence

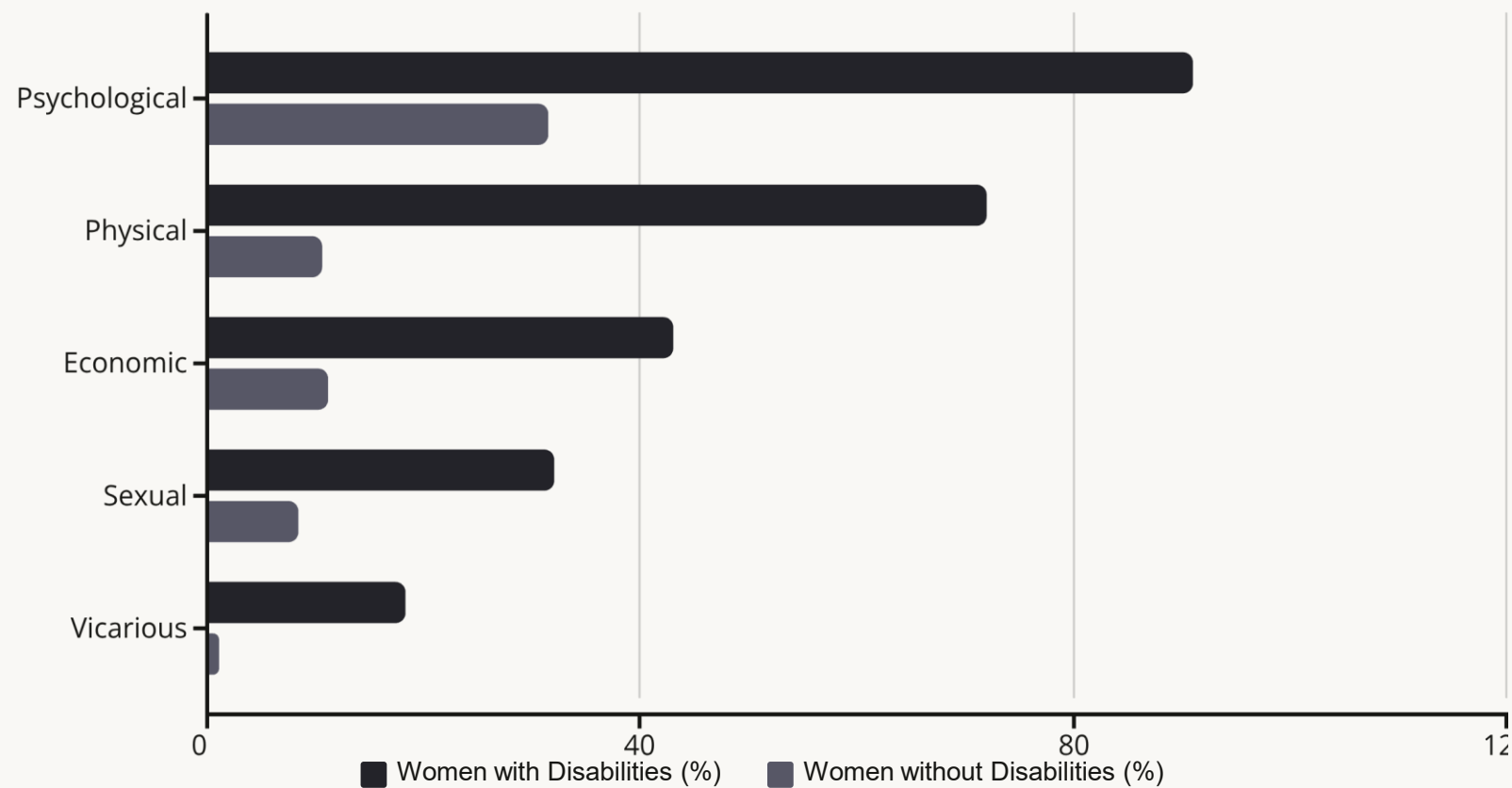
Abusers use disability to justify keeping victims out of labor market, ensuring financial control.

Fear of Losing Children

Women fear being deemed "incapacitated" to care for children, with custody given to abuser.

All factors create ideal conditions for abusers, highlighting the greater vulnerability of women with disabilities.

Types of Violence: A Stark Comparison



Women with disabilities experience all forms of violence at dramatically higher rates. Psychological violence—through control and emotional abuse—affects 91% of women with disabilities.



Breaking the Cycle

Despite overwhelming obstacles, certain factors push victims to escape violence:



Serious Assaults

Hospitalization or near-death experiences force recognition of danger



Protecting Children

Children are often victims too—maternal instinct drives action



Media Identification

Seeing themselves in movies or series helps them recognize their situation



Awareness Campaigns

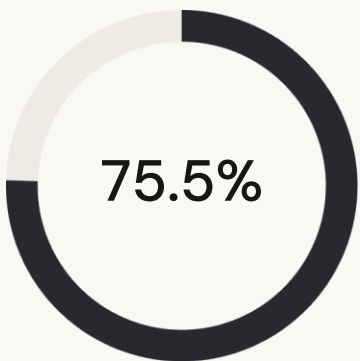
Effective but lacking inclusion—must reflect diversity and show women with disabilities

Program Contributions: Comprehensive Support

The Women in ON-MODE VG program helps women regain control and move toward autonomy through personalized accompaniment.

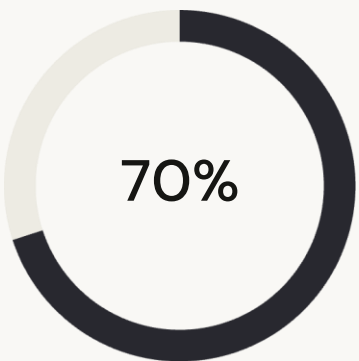
Personalized Itineraries	Psychological Support	Skill Development	Support Networks
Initial diagnosis identifying needs and strengths of each woman	Reinforcement of self-esteem, emotional management, trauma recovery	Training in personal, social, digital, and professional competencies	Professional compass team and peer mutual aid groups provide ongoing accompaniment

Measurable Safety Outcomes



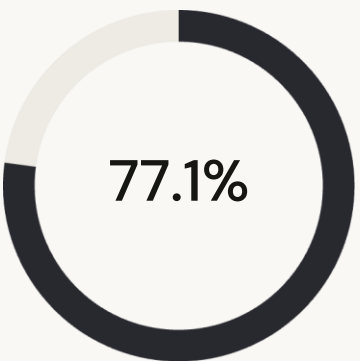
Understanding Violence

Know how the cycle of violence is established and maintained



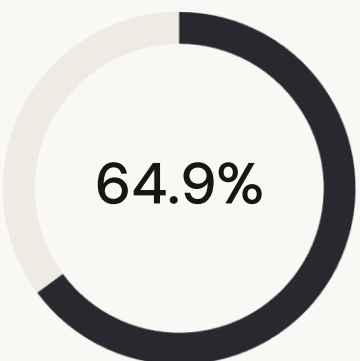
Out of Danger

Currently safe from immediate threat



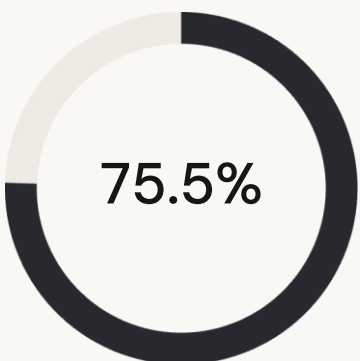
No Abuser Access

Abuser cannot reach victim through any channel



Complete Distance

No contact with abuser whatsoever



Protection Measures

Have or have had established legal protections

❏ However, 6.4% of women in 2025 are still living with their abuser—urgent intervention needed.



Breaking Free: Employment & Justice

Escaped Violence

75.5% have managed to leave the cycle of violence completely

Filed Complaints

59.8% have reported their abuser, compared to 30.8% of women not in program

Secured Employment

19.1% found jobs through Inserta Empleo, with 13.3% holding indefinite contracts

The program's comprehensive approach delivers concrete results in safety, justice, and economic independence.

The Recovery Circle



Personal Development

Therapeutic care, self-esteem reconstruction, identifying strengths

1,122 women completed this phase



Professional Development

Job skills training, digital competencies, job search strategies, specialized courses

1,213 women completed this phase



Labor Intermediation

Connecting candidates with cooperating companies for labor integration

1,304 women reached this phase

A structured three-phase intervention restoring confidence and enabling employment readiness.



In Their Own Words

“

"They offer you the possibility of growing as a person"

”

“

"They have given me the confidence I needed"

”

“

"My compass is my main support"

”

"It is the only place where I have truly felt supported and understood"

"They prepare and help you to find a job"

"They give you continuous and personalized follow-up; they never leave you alone"

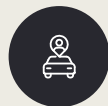
Achieving Independence

Through comprehensive intervention, women achieve transformative goals:



Economic Independence

Access to employment or entrepreneurship enables financial freedom from abusers



New Support Networks

Mutual accompaniment helps recover family and friendship ties broken by abuse



Healthy Relationships

Safe connections that strengthen independence and well-being



Active Participation

Greater self-confidence in decision-making and exercising rights



Quality of Life

Satisfying basic needs, improving self-care, prioritizing well-being

The program proves that with adequate support, independent living and social inclusion are possible for women with disabilities who have suffered gender violence.



At Inserta Empleo





generating the victim's emotional dependence on their abuser.

Thank You

To the Women in ON-MODE VG

For their bravery and courage in breaking the cycle

To the Inserta Empleo Compass Team

For the great work they do, for being compasses in the darkness

To Everyone Here Today

Contributing their grain of sand to improve the quality of life of these women

Thank You for Not Being Indifferent

