

# Living independently in the community:

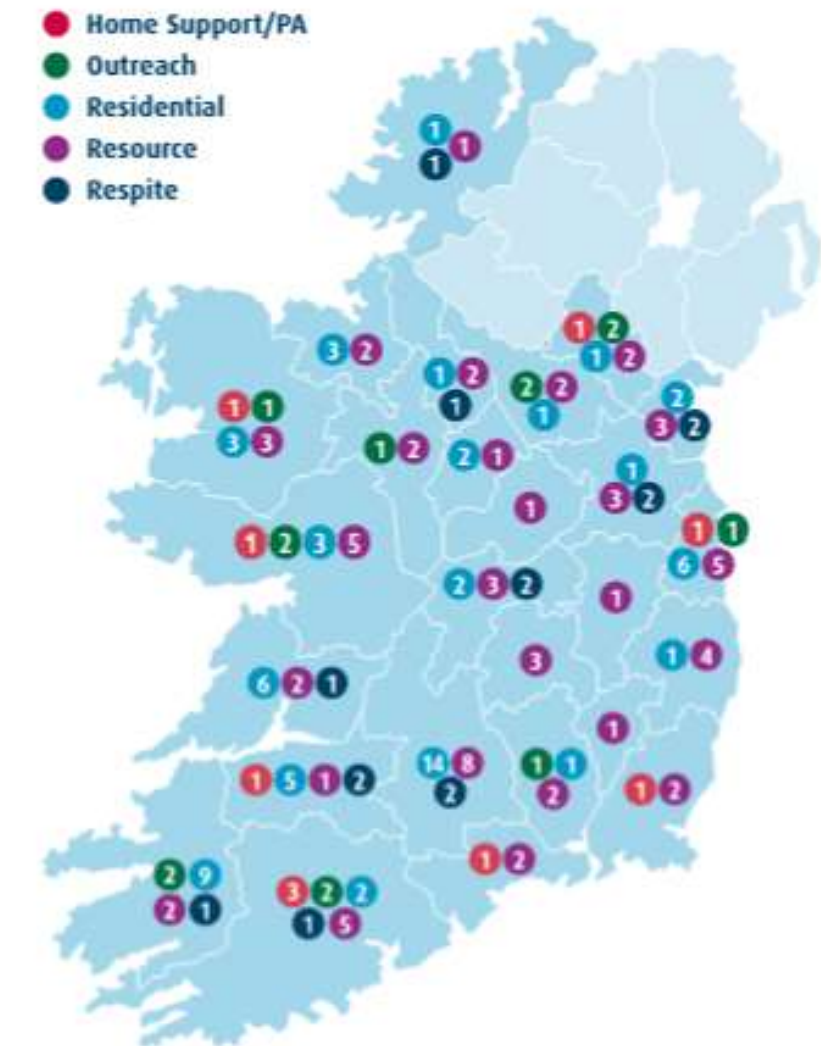
Marie Fitzgerald, Regional Manager,  
RehabCare part of Rehab Group,



# RehabCare Services

- Home Support/Personal Assistance
- Outreach
- Community Services
- Residential
- Respite

Number of services by county



# Long Term Care in The Community. A De-Congregation Story

- Ireland: The policy of de-congregation is set out in [Time to Move on from Congregated Settings - a Strategy for Community Inclusion](#) (2011). This policy commits to moving people out of congregated settings where 10 or more people live together to ordinary homes within the community where no more than four individuals live together
- The deinstitutionalisation process is aligned with the right of disabled people to live independently in the community as set out in the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD).
- **‘Cluain Fionnain’ De Congregation Project 2015.**

# “Time to Move on”





# Then and Now



# Challenges impacting Transition to Community

- Sourcing Appropriate Accommodation
- Lead Time for Capital Funding and Adaptations to Property
- Securing Registration with Regulatory Body HIQA
- Collaboration with Local Communities and Neighbourhoods
- Accessing community supports- Health services, Banks.
- Psychotropic Medication
- Moving on from Restrictive Environments
- Compatibility
- Trauma Informed Practice
- Changing needs for individuals- Ageing and Health Conditions
- Input from the Individual!!

# The role of the Service Manager to a Successful Transition

- Promotion of a positive culture. (Previous team to new Team)
- Advocate and make connections
- Person Centred Actions
- Solution Focused
- Establishment of Values and Setting Expectations.
- Continuous Learning and Mentoring.

**“Real Power has to do with ones ability to influence the hearts and minds of others”**

The Dalai Lama



**To what end, and to whose benefit, are our employees being asked to give of themselves?**

**Have we committed ourselves to a purpose that is truly deserving of their initiative, imagination and passion?**

Gary Hamel Author and Professor

# Marie Fitzgerald

Regional Manager

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